



# Implementing Final Wellness Policy Requirements

Is your district or school preparing to revise and implement your local wellness policy by June 30, 2017? The Alliance for a Healthier Generation’s Healthy Schools Program is ready to help!

The Healthy, Hunger-Free Kids Act of 2010 local wellness policy provisions require districts and schools to:

- Involve all stakeholders in the development of the wellness policy
- Set goals for nutrition education, physical activity and nutrition guidelines
- Measure implementation progress of wellness policy
- Publicly report implementation progress of wellness policy

The Alliance’s Healthy Schools Program has resources to ensure successful implementation of the school wellness policy rule. Specifically...

LOCAL WELLNESS POLICY REQUIREMENT	ALLIANCE HEALTHY SCHOOLS PROGRAM
Involve all stakeholders in the development of the wellness policy	Teaches and supports a process to engage school and community stakeholders to build and maintain a strong school wellness council.
Set goals for nutrition education, physical activity and nutrition guidelines	Offers a Framework of policies and best practices based on the CDC’s School Health Index allowing schools to set goals, identify action steps and identify resources to fit their unique needs all in one dynamic online planning tool.
Measure implementation progress of wellness policy	Provides an online assessment tool for schools to track and measure progress in seven wellness areas with regular updates and reporting features.
Publicly report implementation progress of wellness policy	Delivers evidence of progress and implementation. Through Alliance success stories and national recognition schools have the ability to boost visibility of meeting goals.

## HEALTHY, HUNGER-FREE KIDS ACT OF 2010

Improving child nutrition is the focal point of the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). The legislation authorizes funding and sets policy for USDA’s child nutrition programs: the National School Lunch & School Breakfast Programs and the Summer Food Service Program.



The Alliance for a Healthier Generation’s Healthy Schools Program provides expert training and resources, at no cost, to schools in all 50 states to help students and staff eat healthier and move more with the goal of reducing the prevalence of childhood obesity. The Healthy Schools Program is available to any school or individual.

JOIN TODAY AT [HealthierGeneration.org](http://HealthierGeneration.org) or 1 888 KID HLTH.

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