

# HEALTHY JUVENILE JUSTICE PROGRAM Wellness Leader Roadmap

*"Your guide to a  
healthy year"*

## 1ST QUARTER

### ASSEMBLE YOUR TEAM

- ✔ Invite new members to join your wellness team
- ✔ Refresh members on the goals & vision of your wellness team

### SCHEDULE YOUR MEETINGS

- ✔ Invite new members to join your wellness team
- ✔ Refresh members on the goals & vision of your wellness team

### UPDATE SITE WELLNESS POLICY

- ✔ Ensure campus is to site wellness policy
- ✔ Make changes to the policy as needed
- ✔ Update the policy review date and report any changes to Administrators

## 2ND QUARTER

### SCHEDULE YOUR MEETINGS

- ✔ Invite new members to join your wellness team
- ✔ Refresh members on the goals & vision of your wellness team

### REVIEW ASSESSMENT & UPDATE ACTION PLAN

- ✔ Update your progress through the HJJ Assessment
- ✔ Use your Action Plan to refresh and track wellness goals for the year

## 3RD QUARTER

### LEARN AND SHARE

- ✔ Check out our Training Center to find a resources, wellness communities and trainings to help your progress
- ✔ Register for live virtual trainings or on-demand professional development trainings
- ✔ Connect your colleagues to trainings and resources that benefit their role

## 4TH QUARTER

### PREPARE FOR NEXT YEAR

- ✔ Determine your wellness team for next year
- ✔ Schedule your wellness meetings in advance

### CELEBRATE SUCCESSES

- ✔ Recognize wellness team members contributions
- ✔ Share the team's accomplishments and successes on campus and in the community