**Media Contact:**

NAME, TITLE

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**(NUMBER) Schools in (DISTRICT) Named to 2018 List of America’s Healthiest Schools**

*School(s) to be honored with national award for promoting healthy eating and physical activity*

**(CITY, STATE), Month XX, 2018** – NUMBER schools across DISTRICT OR CITY have been named to the 2018 list of [America’s Healthiest Schools](http://www.healthiestschools.org/) by the Alliance for a Healthier Generation, receiving national recognition for their commitment to students’ health and well-being.

A total of 461 schools nationwide were selected based on a rigorous set of criteria—from availability of nutritious foods to access to quality physical education opportunities—as part of [Healthier Generation](http://www.healthiergeneration.org/)’s Healthy Schools Program. The NUMBER schools from DISTRICT, which serves NUMBER students, are the only schools/among NUMBER schools in STATE to receive this recognition.

SCHOOL NAMES have taken the following steps toward creating a healthier environment for both students and staff:

(INSERT SCHOOL SUMMARIES AND/OR TRENDS ACROSS DISTRICT/CITY)

“Our entire community—parents, teachers, students and staff—has united around the importance of creating a healthy school,” said NAME, TITLE. “We’re honored to receive this recognition from the Alliance for a Healthier Generation and remain committed to advancing our school health improvement efforts even further over the coming years.”

All of America’s Healthiest Schools have earned National Healthy Schools Awards, a prestigious achievement that celebrates schools that meet or exceed expert-recommended standards set by Healthier Generation’s Healthy Schools Program for serving healthy meals and snacks, getting students moving more throughout the day, offering high-quality health and physical education and empowering school leaders to be healthy role models.

“The Healthy Schools Programs has served over 42,000 schools. Each one recognizes the academic, social and behavioral benefits of prioritizing student health,” said Brian Weaver, Chief Program Officer at the Alliance for a Healthier Generation. “We’re proud to recognize the exceptional efforts of DISTRICT or SCHOOL for serving as a best-in-class example of what it means to create healthier environments for both students and staff.”

Any school can join Healthier Generation’s Healthy Schools Program at no-cost to access trainings, resources and technical assistance by visiting [schools.healthiergeneration.org](http://www.schools.healthiergeneration.org).

To view the complete list of America's Healthiest Schools, visit [HealthiestSchools.org](http://www.healthiestschools.org/).

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**About the Alliance for a Healthier Generation**

The Alliance for a Healthier Generation believes every child deserves a healthy future. For more than a decade, Healthier Generation has been empowering kids to develop lifelong healthy habits by ensuring the environments that surround them provide and promote good health. Driven by our passion that all young people deserve a chance to live healthier lives, our work has helped more than 28 million kids across the country. Make a difference at [HealthierGeneration.org](https://www.healthiergeneration.org/) and join us on [Facebook](https://www.facebook.com/HealthierGeneration) and [Twitter](https://twitter.com/HealthierGen).