

Sample Student Survey: Healthy Celebrations

[Intended for grades 4 and up]

1. What grade are you in? _____ grade
2. Our school wants to celebrate with students in a healthy way at special times of the year such as holidays or birthdays. What are some healthy celebrations you think students would like?

3. Here are a few ideas we came up with, but we want to know what students want! Please circle the top 5 celebrations you and your friends would like:

Watch a Movie

Free Time

Extra Recess

Open Gym

Yoga

Dance Party

Homework Pass

Zumba

Fruit & Veggie Tasting Party

DIY Smoothie Party

Dress Down Day

Eat Lunch in Classroom

Game Time

Teacher's Helper

Make Your Own Fruit Kabobs