



National Healthy Schools  
**AWARD GUIDE**



# APPLYING FOR THE NATIONAL HEALTHY SCHOOLS AWARD

The National Healthy Schools Award is a prestigious achievement earned each year by hundreds of schools meeting a rigorous set of criteria. Criteria includes serving healthier meals and snacks, getting students moving more, offering high-quality health and physical education, and supporting staff wellness and empowering them to be healthy role models.

The National Healthy Schools Award is available at three levels: Bronze, Silver and Gold. To be eligible to apply for an award level, schools must meet the requirements for that award level in all six topic areas. Schools should apply for award levels in order, beginning with the Bronze award if they have never been awarded before, then Silver, and finally Gold. The goal is for schools to create sustainable change by fully implementing the best practice criteria across the school campus and including the healthy practices and policies in their wellness policy, school handbook and website. Schools must communicate these policies to staff, students and families each year.

To start your path toward becoming one of America's Healthiest Schools, be sure to answer all the questions in our online assessment tool. Use the Healthy Schools Program Assessment Guide to help determine the answer that best reflects your school's current level of implementation.

Then, use this National Healthy Schools Award Guide to identify the requirements for each award level. Each topic area has specific criteria that are required at all award levels, and a set number of additional criteria that schools must meet. Schools select from the criteria in that topic area to meet the number required at the award level for which they are applying.



# NATIONAL HEALTHY SCHOOLS AWARD CRITERIA

## All awarded schools must meet the following criteria:

**PO-1:** School has a representative school health committee or team that meets at least four times a year and oversees school health and safety policies and programs.

**PO-3:** School has implemented all components of the LEA or district's wellness policy (listed in HSP Framework and Assessment Guide).

**NS-1:** School offers school meals (breakfast and lunch) programs that are fully accessible to all students.

**NS-4:** School meals include a variety of offerings that meet six to eight criteria (listed in HSP Framework and Assessment Guide).

**NS-6:** All school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements.

**SS-1:** All competitive foods sold to students during the school day meet or exceed the USDA's Smart Snacks in School nutrition standards, or we do not sell competitive foods at our school.

**SS-2:** All competitive beverages sold to students during the school day meet or exceed the USDA's Smart Snacks in School nutrition standards, or we do not sell competitive beverages at our school.

**SS-3:** Only foods and beverages that meet or exceed the USDA's Smart Snacks in School nutrition standards are advertised or promoted, or no foods and beverages are advertised or promoted on school campus.

The following pages contain detailed information regarding the additional requirements for the award, organized by topic area and award level. The subsequent charts organize the award requirements by grade levels served.

The National Healthy Schools Award application will be available online in 2019.

Please email [awards@healthiergeneration.org](mailto:awards@healthiergeneration.org) with questions about the National Healthy Schools Award.

## NATIONAL HEALTHY SCHOOLS

# AWARD CHECKLIST

### POLICY AND ENVIRONMENT

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**BRONZE:** Must meet **PO-1** and **PO-3** and *at least ONE additional* of the following criteria (3 total):

**SILVER:** Must meet **PO-1** and **PO-3** and *at least THREE additional* of the following criteria (5 total):

**GOLD:** Must meet **PO-1** and **PO-3** and *at least FIVE additional* of the following criteria (7 total):

- **PO-1: School has a representative school health committee or team that meets at least four times a year and oversees school health and safety policies and programs.**
- PO-2: Written school health and safety policies that include all components (listed in HSP Framework and Assessment Guide)
- **PO-3: School has implemented all components of the LEA or district's wellness policy (listed in HSP Framework and Assessment Guide).**
- PO-4: School day starts at 8:30 am or later (MS/HS only).
- PO-5: School has a full-time, registered school nurse responsible for health services all day, every day.
- PO-6: School has access to a full-time counselor, social worker, and psychologist, **and** the recommended ratios are present (listed in HSP Framework and Assessment Guide).
- PO-7: School provides educational resources for families that address all of the parenting strategies (listed in HSP Framework and Assessment Guide).
- PO-8: Families have opportunities to be involved in **all** school decision-making processes for health and safety policies and programs.
- PO-9: School partners with local community organizations, businesses, or local hospitals to engage students and their families in **all** health promotion activities.
- PO-10: School works with community-based, out-of-school programs (e.g., Boys & Girls Clubs, 21<sup>st</sup> Century Community Learning Centers, Parks and Recreation) to develop and implement routine activities that promote health for all participating students.

**"Having our students meet in the gym before school to walk and dance has helped them get energized to begin the school day."**

– Michael Morales, Physical Education Teacher, Christa McAuliffe Elementary School,  
Texas

## NUTRITION SERVICES

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**BRONZE:** Must meet **NS-1, NS-4, and NS-6** and *at least THREE additional* of the following criteria (6 total):

**SILVER:** Must meet **NS-1, NS-4, and NS-6** and *at least FIVE additional* of the following criteria (8 total):

**GOLD:** Must meet **NS-1, NS-4, and NS-6** and *at least SEVEN additional* of the following criteria (10 total):

- **NS-1: School offers school meals (both breakfast and lunch) programs that are fully accessible to all students.**
- NS-2: School uses strategies to maximize participation in the school breakfast program.
- NS-3: School provides multiple alternative points of sale for reimbursable meals, such as outside lines, kiosks, grab and go options, reimbursable vending options, to maximize participation in the National School Lunch Program.
- **NS-4: School meals include a variety of offerings that meet six to eight criteria (listed in HSP Framework and Assessment Guide).**
- NS-5: School promotes healthy food and beverage choices and school meals using (10 or more) marketing and merchandising techniques (listed in HSP Framework and Assessment Guide).
- **NS-6: All school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements.**
- NS-7: Venues outside the cafeteria (e.g., vending machines, school stores, canteens, snack bars, or snack or food carts) where food is available offer fruits and non-fried vegetables.
- NS-8: Nutrition services staff members use three or more methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom (listed in HSP Framework and Assessment Guide).
- NS-9: **Both** students and family members have opportunities to provide suggestions and feedback for school meal programs and other food and beverages sold, served and offered on the school campus.
- NS-10: School prohibits giving students food as a reward and withholding food as punishment, and both prohibitions are consistently followed.
- NS-11: Students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated.
- NS-12: School is implementing **four to five** Farm to School activities (listed in HSP Framework and Assessment Guide).

**"Students are not rewarded with candy and sweets, but rather with 'Bull Dog Bucks' that can be spent on toys, books and extra playing time."**

—Doretha Pearson, Student Wellness Coordinator, Normandy Schools Collaborative, Missouri

## SMART SNACKS

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**BRONZE:** Must meet **SS-1**, **SS-2**, and **SS-3** (3 total):

**SILVER:** Must meet **SS-1**, **SS-2**, and **SS-3** and *at least TWO additional* of the following criteria (5 total):

**GOLD:** Must meet **ALL** of the following criteria (7 total):

- **SS-1: All competitive foods sold to students during the school day meet or exceed the USDA's Smart Snacks in School nutrition standards, or we do not sell competitive foods at our school.**
- **SS-2: All competitive beverages sold to students during the school day meet or exceed the USDA's Smart Snacks in School nutrition standards, or we do not sell competitive beverages at our school.**
- **SS-3: Only foods and beverages that meet or exceed the USDA's Smart Snacks in School nutrition standards are advertised or promoted, or no foods and beverages are advertised or promoted on school campus.**
- **SS-4: All foods and beverages served and offered to students meet or exceed the USDA's Smart Snacks in School nutrition standards, or we do not serve or offer additional foods or beverages at our school.**
- **SS-5: All foods and beverages sold to students during the extended school day meet or exceed the USDA's Smart Snacks in School nutrition standards, or we do not sell foods and beverages during the extended school day at our school.**
- **SS-6: All foods and beverages served and offered to students during the extended school day meet or exceed the USDA's Smart Snacks in School nutrition standards, or we do not serve or offer foods and beverages during the extended school day at our school.**
- **SS-7: All fundraising efforts during and outside school hours sell only non-food items, or all foods and beverages sold as fundraisers meet or exceed the USDA's Smart Snacks in School nutrition standards.**



## HEALTH & PHYSICAL EDUCATION

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**BRONZE:** Must meet *at least FIVE* of the following criteria (5 total):

**SILVER\*:** Elementary schools must meet **HPE-1** (*at least 90 minutes*) and *at least SIX additional* of the following criteria (7 total), middle and high schools must meet **HPE-2** (*at least one year of physical education*) and *at least SIX additional* of the following criteria (7 total):

**GOLD\*:** Elementary schools must meet **HPE-1** (*at least 150 minutes*), **HPE-7, HPE-8** and *at least SIX additional* of the following criteria (9 total), middle and high schools must meet **HPE-2** (*all years*) and **HPE-7, HPE-9**, and *at least SIX additional* of the following criteria (9 total):

- HPE-1: Minutes of physical education per week (elementary only):
  - **150 minutes or more** per week for all students in each grade throughout the school year. **Required for Gold.**
  - **90-149 minutes** per week for all students in each grade throughout the school year. **Required for Silver.**
  - **60-89 minutes** per week for all students in each grade throughout the school year. **May be used as one of the five criteria for Bronze.**
- HPE-2: Years of physical education (middle and high schools only):
  - Equivalent of all academic years of physical education. **Required for Gold.**
  - Equivalent of at least one year of physical education. **Required for Silver.**
  - Equivalent of at least one-half year of physical education. **May be used as one of the five criteria for Bronze.**
- HPE-3: All teachers of physical education use an age-appropriate, sequential physical education curriculum that is consistent with national or state standards for physical education and the district's requirements for physical education.
- HPE-4: Teachers keep students moderately to vigorously active for at least 50% of the time during most or all physical education class sessions.
- HPE-5: **All** teachers of physical education required to participate at least once a year in professional development in physical education.
- HPE-6: **All** teachers of physical education are provided with **at least eight** kinds of these materials (listed in HSP Framework and Assessment Guide).
- HPE-7: **All** physical education classes taught by licensed teachers who are certified or endorsed to teach physical education. **Required for Silver and Gold.**
- HPE-8: Students receive health education instruction in **all** grades (elementary only). **Required for Gold.**
- HPE-9: School or district requires **all** students to take and pass at least one health education course (middle and high school). **Required for Gold.**
- HPE-10: Health education curriculum address **all** the topics on physical activity (listed in HSP Framework and Assessment Guide).
- HPE-11: Health education curriculum address **all** the topics on healthy eating (listed in HSP Framework and Assessment Guide).
- HPE-12: **All** teachers of health education provide opportunities for students to practice or rehearse the skills needed to maintain and improve their health.

*\*K-8 and K-12 schools applying for Silver or Gold, please refer to the charts at the end of this Guide.*

## PHYSICAL ACTIVITY

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**BRONZE:** Must meet **THREE** of the following criteria (3 total):

**SILVER:** Must meet **FIVE** (for elementary) or **FOUR** (for middle/high school) of the following criteria (5/4 total):

**GOLD:** Must meet **SEVEN** (for elementary) or **FIVE** (for middle/high school) of the following criteria (7/5 total):

- PA-1: Recess is provided for at least 20 minutes each day, **and** teachers or recess monitors encourage students to be active.
- PA-2: All students provided opportunities to participate in physical activity breaks in classrooms, outside of physical education, recess, and class transition periods - on all or most days during a typical school week.
- PA-3: School promotes or supports walking and bicycling to and/or from school in **six or more** ways (listed in HSP Framework and Assessment Guide).
- PA-4: School offers opportunities for all students to participate in physical activity, **before and after the** school day, through organized physical activities (such as physical activity clubs, intramural sports, before school physical activity).
- PA-5: All classroom teachers are required to participate at least once a year in professional development on promoting and integrating physical activity in the classroom.
- PA-6: Using physical activity as punishment and withholding physical education class as punishment are prohibited, and **both** prohibitions are consistently followed.
- PA-7: School prohibits withholding recess as punishment and this prohibition is consistently followed.
- PA-8: **Both** indoor and outdoor physical activity facilities are open to students and their families and available outside of school hours.

## EMPLOYEE WELLNESS

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**BRONZE:** Must meet **TWO** of the following criteria (2 total):

**SILVER:** Must meet **FOUR** of the following criteria (4 total):

**GOLD:** Must meet **ALL** of the following criteria (6 total):

- EW-1: Health assessments are offered at least once a year, and **all** staff members find them accessible and free or low-cost.
- EW-2: School or district offers staff members accessible and free or low-cost physical activity/fitness programs.
- EW-3: School or district offers staff members healthy eating/weight management programs that are accessible and free or low-cost.
- EW-4: School or district use **three or more** methods to promote and encourage staff member participation in its health promotion programs (listed in HSP Assessment Guide).
- EW-5: Stress management programs are offered at least once a year, and **all** staff members find them accessible and free or low-cost.
- EW-6: All foods and beverages served and sold at staff meetings, school-sponsored staff events, and in the staff lounge meet USDA's Smart Snacks in School nutrition standards.



# NATIONAL HEALTHY SCHOOLS AWARD WORKSHEET

## ELEMENTARY SCHOOLS

Elementary BRONZE	Must meet the below requirements in all SIX topics	22 out of 52	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>ONE</b> additional criterion	<b>3 Total</b>	<b>PO-1, PO-3,</b> _____
Nutrition Services	Must meet <b>NS-1, NS-4,</b> and <b>NS-6</b> and at least <b>THREE</b> additional criteria	<b>6 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____
Smart Snacks	Must meet <b>SS-1, SS-2</b> and <b>SS-3</b>	<b>3 Total</b>	<b>SS-1, SS-2, SS-3</b>
Health & PE	Must meet at least <b>FIVE</b> criteria ( <b>If using HPE-1, at least 60 minutes of PE per week.</b> )	<b>5 Total</b>	_____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>THREE</b> criteria	<b>3 Total</b>	_____, _____, _____
Employee Wellness	Must meet at least <b>TWO</b> criteria	<b>2 Total</b>	_____, _____

Elementary SILVER	Must meet the below requirements in all SIX topics	34 out of 52	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>THREE</b> additional criteria	<b>5 Total</b>	<b>PO-1, PO-3,</b> _____, _____, _____
Nutrition Services	Must meet <b>NS-1, NS-4,</b> and <b>NS-6</b> and at least <b>FIVE</b> additional criteria	<b>8 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____, _____, _____
Smart Snacks	Must meet <b>SS-1, SS-2</b> and <b>SS-3</b> and at least <b>TWO</b> additional criteria	<b>5 Total</b>	<b>SS-1, SS-2, SS-3,</b> _____, _____
Health & PE	Must meet <b>HPE-1 (at least 90 minutes per week of PE)</b> and at least <b>SIX</b> additional criteria	<b>7 Total</b>	<b>HPE-1 (90 min.),</b> _____, _____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>FIVE</b> criteria	<b>5 Total</b>	_____, _____, _____, _____, _____
Employee Wellness	Must meet at least <b>FOUR</b> criteria	<b>4 Total</b>	_____, _____, _____, _____

ELEMENTARY SCHOOLS AWARD WORKSHEET CONTINUED

Elementary GOLD	Must meet the below requirements in all SIX topics	46 out of 52	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>FIVE</b> additional criteria	<b>7 Total</b>	<b>PO-1, PO-3,</b> _____, _____, _____, _____, _____
Nutrition Services	Must meet <b>NS-1, NS-4, and NS-6</b> and at least <b>SEVEN</b> additional criteria	<b>10 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____, _____, _____, _____, _____
Smart Snacks	Must meet <b>ALL</b> criteria	<b>7 Total</b>	<b>SS-1, SS-2, SS-3, SS-4, SS-5, SS-6, SS-7</b>
Health & PE	Must meet <b>HPE-1 (at least 150 minutes per week of PE), HPE-7, and HPE-8</b> and at least <b>SIX</b> additional criteria	<b>9 Total</b>	<b>HPE-1 (150 min.), HPE-7, HPE-8,</b> _____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>SEVEN</b> criteria	<b>7 Total</b>	_____, _____, _____, _____, _____, _____, _____
Employee Wellness	Must meet <b>ALL</b> criteria	<b>6 Total</b>	<b>EW-1, EW-2, EW-3, EW-4, EW-5, EW-6</b>

**"Healthy food choices are promoted in the lunchroom and during special activities. A variety of fruits and vegetables are offered for breakfast and lunch and are accessible to all students and staff."**

– Stephen Caropreso, Assistant Principal, Palmer Elementary School, Illinois

Questions? Email [awards@healthiergeneration.org](mailto:awards@healthiergeneration.org)

## NATIONAL HEALTHY SCHOOLS AWARD WORKSHEET

# MIDDLE & HIGH SCHOOLS

Middle / High BRONZE	Must meet the below requirements in all SIX topics	22 out of 51	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>ONE</b> additional criterion	<b>3 Total</b>	<b>PO-1, PO-3,</b> _____
Nutrition Services	Must meet <b>NS-1, NS-4,</b> and <b>NS-6</b> and at least <b>THREE</b> additional criteria	<b>6 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____
Smart Snacks	Must meet <b>SS-1, SS-2</b> and <b>SS-3</b>	<b>3 Total</b>	<b>SS-1, SS-2, SS-3</b>
Health & PE	Must meet at least <b>FIVE</b> criteria (If using <b>HPE-2</b> , at least one-half year of PE.)	<b>5 Total</b>	_____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>THREE</b> criteria	<b>3 Total</b>	_____, _____, _____
Employee Wellness	Must meet at least <b>TWO</b> criteria	<b>2 Total</b>	_____, _____

Middle / High SILVER	Must meet the below requirements in all SIX topics	33 out of 51	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>THREE</b> additional criteria	<b>5 Total</b>	<b>PO-1, PO-3,</b> _____, _____, _____
Nutrition Services	Must meet <b>NS-1, NS-4,</b> and <b>NS-6</b> and at least <b>FIVE</b> additional criteria	<b>8 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____, _____, _____
Smart Snacks	Must meet <b>SS-1, SS-2</b> and <b>SS-3</b> and at least <b>TWO</b> additional criteria	<b>5 Total</b>	<b>SS-1, SS-2, SS-3,</b> _____, _____
Health & PE	Must meet <b>HPE-2 (at least one year of PE)</b> and at least <b>SIX</b> additional criteria	<b>7 Total</b>	<b>HPE-2 (at least one year),</b> _____, _____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>FOUR</b> criteria	<b>4 Total</b>	_____, _____, _____, _____
Employee Wellness	Must meet at least <b>FOUR</b> criteria	<b>4 Total</b>	_____, _____, _____, _____

MIDDLE & HIGH SCHOOLS AWARD WORKSHEET CONTINUED

Middle / High GOLD	Must meet the below requirements in all SIX topics	44 out of 51	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>FIVE</b> additional criteria	<b>7 Total</b>	<b>PO-1, PO-3,</b> _____, _____, _____, _____, _____
Nutrition Services	Must meet <b>NS-1, NS-4, and NS-6</b> and at least <b>SEVEN</b> additional criteria	<b>10 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____, _____, _____, _____, _____
Smart Snacks	Must meet <b>ALL</b> criteria	<b>7 Total</b>	<b>SS-1, SS-2, SS-3, SS-4, SS-5, SS-6, SS-7</b>
Health & PE	Must meet <b>HPE-2 (PE all years), HPE-7 and HPE-9</b> and at least <b>SIX</b> additional criteria	<b>9 Total</b>	<b>HPE-2 (all years), HPE-7, HPE-9,</b> _____, _____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>FIVE</b> criteria	<b>5 Total</b>	_____, _____, _____, _____, _____
Employee Wellness	Must meet <b>ALL</b> criteria	<b>6 Total</b>	<b>EW-1, EW-2, EW-3, EW-4, EW-5, EW-6</b>

**"Healthier Generation has motivated us to take our school to the next level in our pursuit of a healthier staff and student body."**

– Erin Gustain, Guidance Instructional Advisor, William Saroyan Elementary School, California

Questions? Email [awards@healthiergeneration.org](mailto:awards@healthiergeneration.org)

## NATIONAL HEALTHY SCHOOLS AWARD WORKSHEET

# K-8 & K-12 SCHOOLS

K-8 / K-12 BRONZE	Must meet the below requirements in all SIX topics	22 out of 55	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>ONE</b> additional criterion	<b>3 Total</b>	<b>PO-1, PO-3, _____</b>
Nutrition Services	Must meet <b>NS-1, NS-4, and NS-6</b> and at least <b>THREE</b> additional criteria	<b>6 Total</b>	<b>NS-1, NS-4, NS-6, _____, _____, _____</b>
Smart Snacks	Must meet <b>SS-1, SS-2 and SS-3</b>	<b>3 Total</b>	<b>SS-1, SS-2, SS-3</b>
Health & PE	Must meet at least <b>FIVE</b> criteria <b>(If using HPE-1, at least 60 minutes of elementary PE per week. If using HPE-2, at least one- half year of middle/high PE.)</b>	<b>5 Total</b>	_____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>THREE</b> criteria	<b>3 Total</b>	_____, _____, _____
Employee Wellness	Must meet at least <b>TWO</b> criteria	<b>2 Total</b>	_____, _____

**"We've given them the tools they need, and they share ideas with each other. Now, everyone is on board! I walk down the hall and see teachers doing Zumba® with their students."**

– Susanne Carpenter, Principal, Atherton Elementary School, Michigan

## K-8 & K-12 SCHOOLS AWARD WORKSHEET CONTINUED

K-8 / K-12 SILVER	Must meet the below requirements in all SIX topics	35 out of 55	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>THREE</b> additional criteria	<b>5 Total</b>	<b>PO-1, PO-3,</b> _____, _____, _____
Nutrition Services	Must meet <b>NS-1, NS-4, and NS-6</b> and at least <b>FIVE</b> additional criteria	<b>8 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____, _____, _____
Smart Snacks	Must meet <b>SS-1, SS-2 and SS-3</b> and at least <b>TWO</b> additional criteria	<b>5 Total</b>	<b>SS-1, SS-2, SS-3,</b> _____, _____
Health & PE	Must meet <b>HPE-1 (at least 90 min/week elementary PE), HPE-2 (at least one year of middle school PE)</b> and at least <b>SIX</b> additional criteria	<b>8 Total</b>	<b>HPE-1 (90 min.), HPE-2 (at least one year),</b> _____, _____, _____, _____, _____, _____
Physical Activity	Must meet <b>FIVE</b> criteria	<b>5 Total</b>	_____, _____, _____, _____, _____
Employee Wellness	Must meet <b>FOUR</b> criteria	<b>4 Total</b>	_____, _____, _____, _____

K-8 / K-12 GOLD	Must meet the below requirements in all SIX topics	48 out of 55	Write in the criteria your school will provide national award documentation for your online application
Policy & Environment	Must meet <b>PO-1</b> and <b>PO-3</b> and at least <b>FIVE</b> additional criteria	<b>7 Total</b>	<b>PO-1, PO-3,</b> _____, _____, _____, _____, _____
Nutrition Services	Must meet <b>NS-1, NS-4, and NS-6</b> and at least <b>SEVEN</b> additional criteria	<b>10 Total</b>	<b>NS-1, NS-4, NS-6,</b> _____, _____, _____, _____, _____, _____, _____
Smart Snacks	Must meet <b>ALL</b> criteria	<b>7 Total</b>	<b>SS-1, SS-2, SS-3, SS-4, SS-5, SS-6, SS-7</b>
Health & PE	Must meet <b>HPE-1 (at least 150 min/week elementary PE), HPE-2 (middle school PE all years), HPE-7, HPE-8, HPE-9</b> and at least <b>SIX</b> additional criteria	<b>11 Total</b>	<b>HPE-1 (150 min.), HPE-2 (all years), HPE-7, HPE-8, HPE-9,</b> _____, _____, _____, _____, _____, _____
Physical Activity	Must meet at least <b>SEVEN</b> criteria	<b>7 Total</b>	_____, _____, _____, _____, _____, _____, _____
Employee Wellness	Must meet <b>ALL</b> criteria	<b>6 Total</b>	<b>EW-1, EW-2, EW-3, EW-4, EW-5, EW-6</b>

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