



Healthy Schools Program Assessment Guide | District-Level

The Healthy Schools Program Framework of Best Practices identifies specific criteria for a healthy school environment and serves as a guide for policy and practice change. The Healthy Schools Program Assessment is a version of the School Health Index that addresses the health topics in the Healthy Schools Program Framework of Best Practices: Policy & Environment, Nutrition Services, Smart Snacks, Health & Physical Education, Physical Activity, and Employee Wellness.

This document will help district administrators support their schools as they navigate the Healthy Schools Program Assessment and the required evidence and documentation for the National Healthy Schools Award. Only criteria that *can be* answered by the district appears in this document.

For the full HSP Assessment Guide, please visit: <https://www.healthiergeneration.org/resources/assessment-guide-for-schools>

NOTE: Questions marked with “FR” are components of the federal requirement for local wellness policies (LWP).

Use this guide to gather answers to the assessment questions. Reference the “people who may know” column to identify the people in your school who may help you accurately complete the assessment.

1

Enter your school’s responses in the online assessment tool at www.healthiergeneration.org/app

2

Once your Healthy Schools Program Assessment is complete, use the National Healthy Schools Award Guide to determine your school’s potential eligibility for recognition.

3

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Topic Area: Policy and Environment

Criteria	Question	Level of Completion	People Who May Know	Evidence of Success	National Award Documentation
PO-2	<p><u>Written school health and safety policies:</u></p> <p>Does your school or district have written health and safety policies that include the following components?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Rationale for developing and implementing the policies <input type="checkbox"/> Population for which the policies apply (e.g., students, staff, visitors) <input type="checkbox"/> Where the policies apply (e.g., on and/or off school property) <input type="checkbox"/> When the policies apply <input type="checkbox"/> Programs supported by the policies <input type="checkbox"/> Designation of person(s) responsible (e.g., school administrator(s), teachers) for implementing the policies <input type="checkbox"/> Designation of person(s) responsible (e.g., school administrator(s), teachers) for enforcing the policies <input type="checkbox"/> Communication procedures (e.g., through staff meetings, professional development, website, staff handbook, parent handbook) of the policies <input type="checkbox"/> Procedures for addressing policy infractions <input type="checkbox"/> Definitions of terms 	<p>3 = All of our health and safety policies include all of these components.</p> <p>2 = Most of our health and safety policies include all of these components.</p> <p>1 = Some of our health and safety policies include some of these components.</p> <p>0 = Few of our health and safety policies include only a few of these components, or our school or district does not have any health and safety policies.</p>	<p>Principal District food service director District wellness lead School wellness lead</p> <p>National Advisors: Shauvon Simmons-Wright</p>	<p>Verify that the required components are included in written policy (may be included in local wellness policy or other district policies)</p>	<p>Upload school/district health and safety policy.</p>

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Topic Area: **Nutrition Services**

Criteria	Question	Level of Completion	People Who May Know	Evidence of Success	National Award Documentation
NS-1	<p><u>Breakfast and lunch programs:</u></p> <p>Does the school offer <u>school meals</u> (both breakfast and lunch) programs that are <u>fully accessible</u> to all students?</p>	<p>3 = Yes.</p> <p>2 = Our school offers breakfast and lunch programs, but they are not fully accessible to all students.</p> <p>1 = Our school offers only a lunch program, but there are plans to add a breakfast program.</p> <p>0 = Our school offers only a lunch program and there are no plans to add a breakfast program, or the school does not offer a breakfast or a lunch program.</p>	<p>Principal School food service manager District food service director</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>Satisfactory administrative review by the state department valid for current three-year period.</p>	<p>Upload state department administrative review letter of approval conducted within current three-year period</p> <p>or</p> <p>Nutrition service department policy or procedure and include page number for section referenced.</p>
NS-4	<p><u>Variety of offerings in school meals:</u></p> <p>Do school meals* include a variety of offerings that meet the following criteria?</p> <p><u>Lunch</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Go beyond the National School Lunch Program requirements to offer one additional serving per week from any of the three vegetable subgroups (dark green, red and orange, dry beans and peas) <input type="checkbox"/> Offer a different fruit every day of the week during lunch (100% fruit juice can be counted as a fruit only once per week) <input type="checkbox"/> Offer fresh fruit at least one day per week 	<p>3 = Yes, meets six to eight of these criteria for variety.</p> <p>2 = Meets three to five of these criteria for variety.</p> <p>1 = Meets one to two of these criteria for variety.</p> <p>0 = Meets none of these criteria for variety.</p>	<p>School food service manager District food service director</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>Satisfactory administrative review by the state department valid for current three-year period.</p>	<p>Upload state department administrative review letter of approval conducted within current three-year period.</p>

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	<ul style="list-style-type: none"> <input type="checkbox"/> Offer foods that address the cultural practices of the student population <input type="checkbox"/> Offer an alternative entrée option at least one time per week that is legume-based, reduced-fat dairy, or fish-based (including tuna) <input type="checkbox"/> Offer at least three different types of whole grain-rich food items each week <p>Breakfast</p> <ul style="list-style-type: none"> <input type="checkbox"/> Offer at least three different fruits and vegetables each week (100% fruit juice can be counted as a fruit only once per week) <input type="checkbox"/> Offer fresh fruit at least one day per week <p><small>*NOTE: A school meal is a set of foods that meets school meal program regulations. This does not include à la carte offerings.</small></p>				
NS-5 FR	<p><u>Promote healthy food and beverage choices and school meals using marketing and merchandising techniques:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Are healthy food and beverage choices promoted through the following techniques? <input type="checkbox"/> A variety of mixed whole fruits are displayed in nice bowls or baskets (instead of stainless-steel pans) <input type="checkbox"/> Fruit is offered in at least two locations on all service lines, one of which is right before each point of sale (POS) <input type="checkbox"/> Vegetables are offered on all serving lines <input type="checkbox"/> At least one vegetable is identified as the featured vegetable-of-the-day and is labeled with a creative, descriptive name at the point of selection <input type="checkbox"/> Place pre-packed salads or salad bar if available in a high traffic area <input type="checkbox"/> Label pre-packaged salads or salad bar choices with creative, descriptive names and display next to each choice 	<p>3 = Yes, healthy food and beverage choices are promoted through ten or more of these techniques.</p> <p>2 = Healthy food and beverage choices are promoted through five to nine of these techniques.</p> <p>1 = Healthy food and beverage choices are promoted through one to four of these techniques.</p> <p>0 = Healthy food and beverage choices are promoted through none of these techniques.</p>	<p>School food service manager District food service director</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>Satisfactory administrative review by the state department valid for current three-year period.</p>	<p>Upload state department administrative review letter of approval conducted within current three-year period</p> <p>or</p> <p>nutrition service department policy or procedure and include page number for section referenced.</p>

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	<ul style="list-style-type: none"> <input type="checkbox"/> Self-serve salad bar tongs, scoops, and containers are larger for vegetables and smaller for croutons, dressing, and other non-produce items <input type="checkbox"/> White milk is displayed in front of other beverages in all coolers <input type="checkbox"/> 1% or non-fat white milk is identified as the featured milk and is labeled with a creative, descriptive name <input type="checkbox"/> Cafeteria staff politely prompt students who do not have a full reimbursable meal to select a fruit or vegetable <input type="checkbox"/> Signs show students how to make a reimbursable meal on any service line <input type="checkbox"/> Alternative entrée options (salad bar, yogurt parfaits, etc.) are highlighted on posters or signs within all service and dining areas <input type="checkbox"/> Cafeteria staff smile and greet students upon entering the service line and continually throughout meal service <input type="checkbox"/> Students, teachers, or administrators announce today's menu in daily announcements <input type="checkbox"/> A monthly menu is posted in the main office <input type="checkbox"/> Information about the benefits of school meals is provided to teachers and administration at least annually <input type="checkbox"/> Brand, name, and decorate the lunchroom in a way that reflects the student body <input type="checkbox"/> Conduct a taste test of a new entrée at least once a year 				
NS-6	<p><u>Annual continuing education and training requirements for school nutrition services staff:</u></p> <p>Do all school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements*?</p>	<p>3 = Yes, all food and nutrition services staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements.</p> <p>2 = Most food and nutrition services meet or exceed the annual</p>	<p>School food service manager District food service director</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>Satisfactory administrative review by the state department valid for current three-year period.</p>	<p>Upload state department administrative review letter of approval conducted within current three-year period</p> <p>or</p> <p>nutrition service department professional standards training tracking tool.</p>

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	<p>Topics covered may include, but are not limited to, food safety and Hazard Analysis Critical Control Point (HACCP), nutrition standards updates in school meals, food sensitivities and allergies, meal counting and claiming, customer service, or food production techniques.</p> <p>*NOTE: USDA's Professional Standards requirements establish minimum professional standards for school nutrition personnel who manage and operate the National School Lunch and School Breakfast Programs. (See https://professionalstandards.fns.usda.gov/content/professional-standards-information)</p>	<p>continuing education/training hours required by the USDA's Professional Standards requirements.</p> <p>1 = Some food and nutrition services staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements.</p> <p>0 = No, no food and nutrition services staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements.</p>			
NS-7	<p><u>Venues outside the cafeteria offer fruits and vegetables:</u></p> <p>Do venues outside the cafeteria (e.g., vending machines, school stores, canteens, snack bars, or snack or food carts) where food is available offer fruits and non-fried vegetables*?</p> <p>*NOTE: If your school does not have <u>any</u> food venue outside the cafeteria (e.g., vending machines, school stores, canteens, snack bars, or snack or food carts), select 3].</p>	<p>3 = Yes, most or all venues outside the cafeteria do. [NOTE: If your school does not have <u>any</u> food venue outside the cafeteria (e.g., vending machines, school stores, canteens, snack bars, or snack or food carts), select 3].</p> <p>2 = About half of the venues do.</p> <p>1 = Fewer than half of the venues do.</p> <p>0 = None of the venues do.</p>	<p>Principal School food service manager District food service director</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>Nutrition service department should have a policy or procedure that states that the school incorporates fruits and vegetables in venues outside of the cafeteria.</p>	<p>Include page number for section referenced in local wellness policy</p> <p>or</p> <p>upload nutrition service department policy or procedure and include page number for section referenced.</p>
NS-8	<p><u>Collaboration between nutrition</u></p>	<p>3 = Yes, use three or more</p>	<p>Principal</p>	<p>Nutrition service department should</p>	<p>Include page number for section referenced in local</p>

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	<p><u>services staff members and teachers:</u></p> <p>Do school nutrition services staff members use three or more of the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Participate in design and implementation of nutrition education programs <input type="checkbox"/> Display educational and informational materials that reinforce classroom lessons <input type="checkbox"/> Provide food for use in classroom nutrition education lessons <input type="checkbox"/> Provide ideas for classroom nutrition education lessons <input type="checkbox"/> Teach lessons or give presentations to students <input type="checkbox"/> Tasting party in collaboration with classroom teacher <input type="checkbox"/> Presentation on nutrition and food services to PTA/PTSA/PTO <input type="checkbox"/> Sports nutrition – collaboration with coaches <input type="checkbox"/> Classroom tour of cafeteria or meet and greet with School Nutrition staff 	<p>methods.</p> <p>2 = Use two of these methods.</p> <p>1 = Use one of these methods.</p> <p>0 = Use none of these methods.</p>	<p>School wellness lead</p> <p>School food service manager</p> <p>District food service director</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>have a policy or procedure to guide school staff on how to engage and provide nutrition education opportunities.</p>	<p>wellness policy</p> <p>or</p> <p>upload nutrition service department policy or procedure and include page number for section referenced.</p>
NS-11	<p><u>Adequate time to eat school meals:</u></p> <p>Do students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated?</p> <p>NOTE: The time that students are allotted for breakfast and/or lunch should be uninterrupted (i.e., designated to eating and not to completing make-up work or other academic assignments). If the school does not have a breakfast program, but does provide at least 20 minutes for lunch, select 3].</p>	<p>3 = Yes. [NOTE: If the school does not have a breakfast program, but does provide at least 20 minutes for lunch, select 3].</p> <p>2 = Have adequate time for breakfast or lunch, but not for both.</p> <p>1 = No, but there are plans to increase the time.</p> <p>0 = No.</p>	<p>Principal</p> <p>School food service manager</p> <p>District food service director</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>Students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated, and this is written in to the wellness policy.</p>	<p>Include page number for section referenced in local wellness policy</p> <p>or</p> <p>school level policy and include page number for section referenced.</p>
NS-12 FR	<p><u>Farm to School activities:</u></p>	<p>3 = Yes, our school is implementing four to</p>	<p>Principal</p>	<p>Nutrition service department has a</p>	<p>Include page number for section referenced in local</p>

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	<p>Is your school implementing any Farm to School activities?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Local and/or regional products are incorporated into the school meal programs <input type="checkbox"/> Messages about agriculture and nutrition are reinforced throughout the learning environment <input type="checkbox"/> School hosts a fruit or vegetable garden <input type="checkbox"/> School hosts field trips to local farms <input type="checkbox"/> School utilizes promotions or special events, such as tastings, that highlight the local/regional products <input type="checkbox"/> School hosts a farmer's market (student and parent involvement) <input type="checkbox"/> Menu states local product(s) being served <input type="checkbox"/> Local farmers/producers participate in career day activities 	<p>five of these activities.</p> <p>2 = Our school is implementing two to three of these activities.</p> <p>1 = Our school is implementing at least one of these activities.</p> <p>0 = No, our school is not implementing any of these activities.</p>	<p>School food service manager District food service director School wellness lead</p> <p>National Advisor: Carol Chong Stephanie Roberts</p>	<p>policy/procedure that states they are incorporating farm to school activities into their menu selections, etc. or the school should provide evidence showing implementation of the farm to school activities.</p>	<p>wellness policy</p> <p>or</p> <p>nutrition service department policy or procedure and include page number for section referenced</p> <p>or</p> <p>photos of activities that clearly depict specific farm to school activities.</p>
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Topic Area: Smart Snacks | There are no district-level questions for Smart Snacks

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Topic Area: Health & Physical Education

Criteria	Question	Level of Completion	People Who May Know	Evidence of Success	National Award Documentation
HPE-3	<p><u>Sequential physical education curriculum consistent with standards:</u></p> <p>Do all teachers of physical education use an age-appropriate, sequential physical education curriculum that is consistent with national or state standards for physical education (see national standards below) and the district's requirements for physical education?</p> <p>NOTE: Consider using CDC's <i>Physical Education Curriculum Analysis Tool</i> (PECAT), which is designed to help school districts and schools conduct a clear, complete, and consistent analysis of written physical education curriculum. PECAT results can help districts and schools enhance, develop, or select appropriate and effective physical education curricula for delivering high-quality physical education in schools. The PECAT assesses how consistent curricula are with national standards and can assist users in determining if the curriculum being analyzed is sequential.</p> <p>NATIONAL STANDARDS FOR PHYSICAL EDUCATION</p> <p>A physically literate individual:</p> <ol style="list-style-type: none"> 1. Demonstrates competency in a variety of motor skills and movement patterns. 2. Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance. 3. Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. 4. Exhibits responsible personal and social behavior that respects self and others. 5. Recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction. 	<p>3 = Yes.</p> <p>2 = Some use a sequential physical education curriculum, and it is consistent with state or national standards and the district's requirements for physical education.</p> <p>1 = Some use a sequential physical education curriculum, but it is not consistent with state or national standards or the district's requirements for physical education.</p> <p>0 = None do, or the curriculum is not sequential, or there is no physical education curriculum.</p>	<p>Principal Physical education teacher District curriculum specialist</p> <p>National Advisors: Lisa Perry</p>	<p>Provide goals, objectives, and expected outcomes for physical education or a chart with scope and sequence for instruction or written physical education curriculum.</p> <p>If the district does not have a curriculum, the school may create its own.</p>	<p>Upload a district or school level scope and sequence or curriculum map aligned to state or national standards.</p> <p>Note: Because the scope and sequence or curriculum map needs to reflect what is actually taught at your school over the course of the year, the state or national standard documents do NOT meet this requirement.</p>

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Criteria	Question	Level of Completion	People Who May Know	Evidence of Success	National Award Documentation
	<i>National Standards & Grade-Level Outcomes for K-12 Physical Education (SHAPE America & Human Kinetics, 2014)</i>				
HPE-5	<p><u>Professional development for physical education teachers:</u></p> <p>Are all teachers (i.e. physical education teachers, classroom teachers) required to participate at least once a year in professional development in physical education?</p>	<p>3 = Yes, all do.</p> <p>2 = Most do.</p> <p>1 = Some do.</p> <p>0 = None do, or no one teaches physical education.</p>	<p>Principal Physical education teacher</p> <p>National Advisors: Lisa Perry</p>	<p>Verify that all teachers who deliver physical education instruction have attended at least one professional development event that focused on physical education best practices.</p> <p><i>Note: This does not include CPR, First Aid or other related trainings.</i></p>	<p>Upload the list of teachers attending and the agenda for the physical education training.</p> <p>Note: This does not include CPR, First Aid or other related trainings.</p>
HPE-6	<p><u>Information and materials for physical education teachers:</u></p> <p>Are all teachers of physical education provided with the following information and materials to assist in delivering physical education?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Goals, objectives, and expected outcomes for physical education <input type="checkbox"/> A chart scope and sequence for instruction <input type="checkbox"/> A written physical education curriculum <input type="checkbox"/> A plan for assessing student performance <input type="checkbox"/> Physical activity monitoring devices, such as pedometers, heart rate monitors <input type="checkbox"/> Internet resources, such as SHAPE America online tools and resources or PE Central <input type="checkbox"/> The Presidential Youth Fitness Program <input type="checkbox"/> Protocols to assess or evaluate student performance in physical 	<p>3 = Yes, all teachers of physical education are provided with at least eight kinds of these materials.</p> <p>2 = Teachers of physical education are provided with four to seven kinds of these materials.</p> <p>1 = Teachers of physical education are provided with one to three kinds of these materials.</p> <p>0 = Teachers of physical education are not provided with these kinds of materials.</p>	<p>Principal Physical education teacher</p> <p>National Advisors: Lisa Perry</p>	<p>Verify that physical education teachers have received information and materials regarding at least 8 of the items listed.</p>	<p>No documentation required.</p>

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	<p>education</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learning activities that increase the amount of class time students are engaged in moderate-to-vigorous physical activity <input type="checkbox"/> Learning activities that actively engage students with long-term physical, medical, or cognitive disabilities in physical education 				
HPE-7	<p><u>Licensed physical education teachers:</u></p> <p>Are all physical education classes taught by licensed teachers who are certified or endorsed to teach physical education?</p>	<p>3 = Yes, all are. 2 = Most classes are. 1 = Some classes are. 0 = No classes are, or there are no physical education classes.</p>	<p>Principal Physical education teacher</p> <p>National Advisors: Lisa Perry</p>	<p>Verify that licensed teachers with state certifications and/or endorsements in physical education deliver all physical education instruction.</p> <p>Information should include license number, endorsement area and expiration date for all teachers who deliver physical education instruction.</p>	<p>Upload license information including teacher name, license number, endorsement area and expiration date for all teachers who deliver physical education instruction.</p> <p>If information from the state department of education website provides licensing details, that may be submitted.</p>

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Topic Area: **Physical Activity**

Criteria	Question	Level of Completion	People Who May Know	Evidence of Success	National Award Documentation
PA-1 FR	<p><u>Recess (elementary only):</u></p> <p>Are students provided at least 20 minutes of recess during each school day, and do teachers or recess monitors encourage students to be active?</p> <p>NOTE: Recess should complement physical education class, not substitute for it.</p>	<p>3 = Yes, recess is provided for at least 20 minutes each day, and teachers or recess monitors encourage students to be active.</p> <p>2 = Recess is provided for at least 20 minutes each day, but teachers or recess monitors do not encourage students to be active.</p> <p>1 = Recess is provided each day but for less than 20 minutes, or it is provided on some days but not on all days.</p> <p>0 = Recess is not provided on any day.</p>	<p>Principal School wellness lead</p> <p>National Advisors: Lisa Perry</p>	<p>All classroom teachers have recess scheduled for 20 minutes each day of the week.</p>	<p>Upload a master schedule showing 20 minutes of daily recess for all elementary students.</p> <p>If your schedule combines lunch and recess, please indicate how much of that time is recess.</p>
PA-5	<p><u>Professional development for classroom teachers:</u></p> <p>Are classroom teachers required to participate at least once a year in professional development on promoting and integrating physical activity in the classroom?</p>	<p>3 = Yes, all do.</p> <p>2 = Most do.</p> <p>1 = Some do.</p> <p>0= None do, or professional development on physical activity is not available to classroom teachers.</p>	<p>Principal School wellness lead</p> <p>National Advisors: Lisa Perry</p>	<p>Document training dates, topics and teachers attending. Training can be provided by district, physical education teachers, trained school staff and/or online opportunities.</p>	<p>Upload agenda and list of teachers that attended training on integrating physical activity in the classroom.</p>
PA-6	<p><u>Prohibit using physical activity as punishment:</u></p> <p>Does your school prohibit using physical activity and withholding physical education class as punishment? Is this prohibition</p>	<p>3 = Yes, using physical activity as punishment and withholding physical education class as punishment are prohibited, and both prohibitions are</p>	<p>Principal School wellness lead</p> <p>National Advisors: Lisa Perry</p>	<p>Staff/student/parent handbook must clearly state that the school prohibits using physical activity and withholding physical education class as punishment.</p>	<p>Upload local wellness policy and include page number for section referenced</p> <p>or</p>

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Criteria	Question	Level of Completion	People Who May Know	Evidence of Success	National Award Documentation
	consistently followed? NOTE: Please do not consider issues related to participation in interscholastic sports programs when answering this question.	consistently followed. 2 = One of these practices is prohibited, and this prohibition is consistently followed. 1 = One or both of these practices is prohibited, but this prohibition is not consistently followed. 0 = Neither practice is prohibited.			a screenshot from district or school website that provides the statement of prohibition. NOTE: Documentation provided should clearly state using physical activity as punishment and withholding physical education class as punishment are prohibited
PA-7	<u>Prohibit withholding recess as punishment (elementary only):</u> Does your school prohibit withholding recess as punishment? Is this prohibition consistently followed?	3 = Yes, withholding recess as punishment is a written policy and this prohibition is consistently followed. 2 = Yes, withholding recess as punishment is discouraged and this prohibition is consistently followed. 1 = Yes, withholding recess as punishment is discouraged but this prohibition is not consistently followed. 0 = This practice is not prohibited.	Principal School wellness lead National Advisors: Lisa Perry	Staff/student/parent handbook must clearly state that the school prohibits withholding recess as punishment.	Upload local wellness policy and include page number for section referenced or a screenshot from district or school website that provides the statement of prohibition.
PA-8	<u>Access to physical activity facilities outside school hours:</u> Are indoor and outdoor physical activity facilities open to students, their families, and the community	3 = Yes, both indoor and outdoor facilities are available outside of school hours. 2 = Indoor or outdoor facilities, but not both ,	Principal School wellness lead Custodian Before/after school staff	School makes facilities available to students and their families and the community outside of school hours.	Upload the written joint-use or shared-use agreement that provides access to physical activities outside school hours

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Criteria	Question	Level of Completion	People Who May Know	Evidence of Success	National Award Documentation
	<p>outside school hours?</p> <p>NOTE: Making facilities open and available to students, their families, and the community outside of school hours can be conducted as a regular practice or through a formal, written joint or shared use agreement. A joint use or shared use agreement is a formal agreement between a school or school district and another public or private entity to jointly use either school facilities or community facilities to share costs and responsibilities.</p>	<p>are available outside of school hours.</p> <p>1 = Indoor or outdoor facilities are available, but the hours of availability are very limited.</p> <p>0 = No, neither indoor nor outdoor facilities are available.</p>	<p>National Advisors: Lisa Perry</p>		<p>or</p> <p>communication sent to families and students that promotes the use of indoor and outdoor facilities available outside school hours.</p>

Topic Area: **Employee Wellness**

		of Completion	People Who May Know	Evidence of Success	National Award Documentation
EW-1	<p><u>Health assessments for staff members:</u></p> <p>Does your school or district offer staff members accessible and free or low-cost health assessments at least once a year?</p>	<p>3 = Yes, health assessments are offered, and all staff members find them accessible and free or low-cost.</p> <p>2 = Health assessments are offered, but some staff members find them inaccessible or high-cost.</p> <p>1 = Health assessments are offered, but many staff members find them inaccessible or high-cost.</p> <p>0 = Health assessments are not offered at least once a year.</p>	<p>Principal School wellness lead School nurse Benefits manager</p> <p>National Advisor: Lisa Perry</p>	<p>Verify that the school or district offers health assessments to staff members</p>	<p>Upload communications that promote the free or low-cost annual health assessments. Examples may include emails to staff, flyers for health assessment events, or screenshots of district or school webpage that promote the health assessment.</p>