



RISE Initiative

Memorandum of Understanding

FOR SCHOOLS

Alliance for a Healthier Generation (Healthier Generation), together with Kaiser Permanente, is working with schools and districts to increase student and staff resilience through the **Resilience in School Environments (RISE) Initiative**. This Memorandum of Understanding is made between the Healthier Generation and _____ to implement the RISE Initiative

The RISE Initiative empowers schools to create safe and supportive environments by developing policies and practices focused on improving the social-emotional health of all students and staff. This agreement provides participating schools access to customized in-person professional development, technical assistance, content expertise, resources, and support to create and sustain a healthier school environment. The Healthier Generation staff is committed to supporting the development of local solutions and strategies over multiple school years. Participating schools have unlimited access to virtual support and the online tools and resources available through the Healthier Generation website and online learning community.

School Name _____

Address _____

City _____

State _____ ZIP _____

Contact Name _____

Title _____

Email _____

Phone _____

Healthier Generation agrees to:

- Provide customizable professional development and technical assistance to schools and school districts to support their efforts to improve the social-emotional health of all students and staff.
- Broker local, state and national resources to support schools in implementing action plans.
- Provide support in aligning school and district policies, procedures, and practices to support implementation of social-emotional policies and practices.
- Recognize schools that meet the RISE Initiative best practices criteria.
- Provide virtual support to sustain school level efforts during and beyond the years of onsite support which will include technical assistance, workshops, professional development activities and others.

The school listed above agrees to participate in the RISE Initiative. As a participating school, we agree to:

- Build and maintain a school leadership team (or align with an existing school wellness or mental health focused team) that meets at least six times during the school year to drive the RISE Initiative, support implementation, provide sustainability and assist in coordinating evaluation.
- Ensure that the school leadership team participates in at least six technical assistance sessions annually with Healthier Generation in person and/or virtually.
- Align and integrate RISE efforts into existing and emerging initiatives to support mental health and social emotional health of students and staff
- Complete the RISE Index and update the RISE Index annually to reflect progress.
- Develop an Action Plan that aligns to the RISE Index and update as needed.
- Communicate regularly (e.g., respond to emails, participate in scheduled calls) with Healthier Generation staff.
- Participate in RISE Initiative evaluation activities, including but not limited to:
 - School staff to complete brief, anonymous and voluntary surveys about RISE outcomes.
 - School administrator from each participating school to complete a brief questionnaire about staff and student data related to RISE outcomes.
 - A few staff will be selected to participate in brief phone interviews about their experiences with RISE.
- Commit to participating in all aspects of the RISE Initiative for multiple years, to sustain social-emotional health policies and practices utilizing our extensive network of resources.
- Hold a minimum of four hours of professional development for all staff and reinforce annually, covering the following topics:
 - prevalence and impact of trauma
 - staff well-being and
 - social-emotional learning and de-escalation strategies

Nothing in this memorandum of understanding shall be deemed to be a commitment or obligation of Alliance for a Healthier Generation, school, or district funds. Healthier Generation reserves the right to terminate this agreement at its sole discretion if it does not have sufficient funding to meet the terms of agreement. Upon written communication, the school reserves the right to terminate this agreement at its sole discretion if the school is no longer able to participate.

Principal Name _____

Principal Email _____

Principal Signature _____

Date _____