# 2025 Beverage Calories Initiative: <br> <br> Report on 2020 Progress toward the National Calorie Goal 

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October 14, 2021

## Overall Progress-to-Date

In September 2014, the American Beverage Association, The Coca-Cola Company, Dr Pepper Snapple Group (now Keurig Dr Pepper), PepsiCo, and the Alliance for a Healthier Generation announced a commitment to help reduce liquid refreshment beverage ("LRB") calories in the American diet nationally by $20 \%$ by 2025. This report - one in a series of annual reports reviews the progress achieved toward this goal through 2020.

From 2014 to 2020, average LRB calories per person fell by $10.0 \%$, halfway to the $20 \%$ calorie reduction goal that was set for 2025 . The annual decline has accelerated every year since 2016, with the largest single year decline ( $\mathbf{- 5 . 0 \%}$ ) coming in 2020. Over the remaining five years of the initiative, the average per person LRB calorie reduction pace needed to achieve the national calorie goal is roughly $2.3 \%$ per year, or roughly half of the decline achieved in 2020.

This report examines key factors that influenced beverage consumption patterns in 2020, including temporary, pandemic-driven changes and longer-term trends that are more likely to be sustained in future years. The COVID-19 pandemic drove sharp shifts in where consumers purchased beverages in 2020 - from restaurants and other out-of-home venues to grocery and other stores - but shifts in what beverages consumers purchased largely continued trends that predate the pandemic.

The most important of those trends, in terms of its impact on calories, was the shift in volume toward water and other low- and no-calorie beverages. This trend has accelerated every year since 2016 as consumers increasingly select lower calorie-versions of all beverage types. This has corresponded with calories per person falling by increasing amounts every year.

## Yearly Percentage Change in Calories per Person

$0.5 \%$
$-0.1 \%$
$-1.3 \%$

## BCI National Calorie Goal Progress-to-Date



## LRB Product Mix Shifting toward Low- and No-Calorie Beverages, Including Water

Percent of Total Volumes, All Beverages


* "Other" includes RTD Coffee, Value-Added Water, and Energy Drinks

One persistent trend that has helped to drive reductions in calories per person has been the shiffing composition of LRB towards lower-calorie beverages, water in particular. From 2014 to 2020, per person water volumes - including sparkling waters - grew by $36.6 \%$. As shown in the figures above, water's share of LRB grew by 9 percentage points over that period. Offsetting that were decreases in the shares represented by CSDs, $100 \%$ juices, and juice drinks. From 2014 to 2020, per person volumes of full-calorie CSDs and $100 \%$ juices and juice drinks - the source of more than $80 \%$ of all LRB calories - fell by $11.0 \%$ and $18.6 \%$, respectively. When looking at LRB composition by calorie categories, which can be done by clicking on the option in the interactive figure above, the shift is similar, as low- and no-calorie beverages have gone from representing $50.1 \%$ of LRB volumes in 2014 to $58.7 \%$ in 2020 .

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## LRB Product Mix Shifting toward Low- and No-Calorie Beverages, Including Water

Percent of Total Volumes, Low- and No-Calorie Beverages OnlyWaterCSDs100\% Juice \& Juice DrinksRTD TeaSports DrinksOther*


[^1]One persistent trend that has helped to drive reductions in calories per person has been the shifting composition of LRB towards lower-calorie beverages, water in particular. From 2014 to 2020 , per person water volumes - including sparkling waters - grew by $\mathbf{3 6 . 6 \%}$. As shown in the figures above, water's share of LRB grew by 9 percentage points over that period. Offsetting that were decreases in the shares represented by CSDs, $100 \%$ juices, and juice drinks. From 2014 to 2020, per person volumes of full-calorie CSDs and $100 \%$ juices and juice drinks - the source of more than $80 \%$ of all LRB calories - fell by $11.0 \%$ and $18.6 \%$, respectively. When looking at LRB composition by calorie categories, which can be done by clicking on the option in the interactive figure above, the shift is similar, as low- and no-calorie beverages have gone from representing $50.1 \%$ of LRB volumes in 2014 to $58.7 \%$ in 2020 .

[^2]
## Calorie per Person Reductions Driven by CSDs, 100\% Juices \& Juice Drinks

Since 2014, reductions in calories per person have been driven primarily by CSDs, with $100 \%$ juices and juice drinks also making significant contributions, as shown in the figure below. Most calorie reductions were driven by reductions in the volumes consumed of these beverage types, as shown in the figure to the right. More recently, however, product reformulations and shifting consumption toward lower-calorie versions of these beverages have also made major contributions to calorie reductions within these categories.

## Annual Changes in Calories per Person per Day



The figure on the right also shows that prior to 2019, growth in calories per person from other, smaller categories offset some of the reductions in calories from CSDs, $100 \%$ juices, and juice drinks. In those years, the per person calorie growth of these smaller categories was driven by per person volume growth. Since 2019, the volume growth within these categories has continued, but only among the low and no-calorie versions. This has enabled per person calorie reductions within these categories, despite per person volume growth.

Change in Ounces per Person per Day, 2014-2020


## Declining Calories per 8-ounce Serving

The change in the composition of LRB toward lower-calorie beverages has driven steady reductions in the average number of calories per 8 -ounce serving since 2014, as shown in the figure below. Initially, this was driven almost entirely by the growth of water as a share of LRB. Over the last four years, however, the pace of reductions in calories per 8-ounce serving has accelerated despite a slowing of water's growth.

Calories per 8-Ounce Serving, 2014-2020


The larger decreases in calories per 8-ounce serving in recent years were driven not just by water's growth but by shifts towards lower-calorie beverages within each beverage category, as shown in the figure below. For example, both energy drink and sports drink consumption have been growing since 2016, but the growth has been coming from no-calorie versions of these beverages, many of which are new offerings. This growth has enabled volumes per person for many of these categories to grow, even while their contributions to calories per person decline.

Percent Change in Calories per 8-Ounce Serving, 2016-2020


## Growth of Low- and No-Calorie Beverages Other than Water

The figure below shows how low- and no- calorie beverages have gained market share versus their full- and mid-calorie counterparts within every beverage category since 2017. The most dramatic example of this has been sports drinks. Low- and no-calorie sports drinks have gone from representing $10.4 \%$ of sports drinks in 2017 to $24.8 \%$ in 2020 . This has been driven both by the introduction of new no-calorie options and growth of existing options. Click on beverage categories in the chart below to see how this trend holds for them as well.

## Low- and No-Calorie Volume Share by Beverage Category



The change for CSDs has been smaller, going from $25.4 \%$ low- and nocalorie in 2017 to $27.1 \%$ in 2020. Nevertheless, the impact of this change in calories per person is major due to the category's relative size. This shift has also been important because it is a reversal of an earlier 2014-2017 trend in which no-calorie CSDs were the source of most CSD volume declines. Since 2017, however, no-calorie CSDs have held steady while full-calorie CSD volumes have declined. This has been the biggest reason for increased overall calorie-reduction success over the past three years.

## Percent Change in Volume of CSDs per Person

2014-2017

## $-2.6 \%$



2017-2020
$\square$
$\square$


Low- \& No-Calorie Mid- \& Full-Calorie

[^3]
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## Percent Change in Volume of CSDs per Person

2014-2017


2017-2020
$\square$
$\square$


Low- \& No-Calorie Mid- \& Full-Calorie

## Growth of Low- and No-Calorie Beverages Other than Water

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## Percent Change in Volume of CSDs per Person

2014-2017


2017-2020
$\square$
$\square$


Low- \& No-Calorie
Mid- \& Full-Calorie

## Growth of Low- and No-Calorie Beverages Other than Water

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## Percent Change in Volume of CSDs per Person



## Growth of Low- and No-Calorie Beverages Other than Water

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## Low- and No-Calorie Volume Share by Beverage Category



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## Percent Change in Volume of CSDs per Person

2014-2017


2017-2020
$\square$
Low- \& No-Calorie
Mid- \& Full-Calorie

## Impacts of COVID-19 Pandemic on Food and Beverage Consumption Expenditures

The report thus far has focused on long-term trends, but there were of course major disruptions to many other beverage consumption trends in 2020. One major change to beverage consumption patterns at the outset of the COVID-19 pandemic was the reduction in food and beverage purchases at out-of-home channels such as restaurants, theaters, and other entertainment venues. The two figures below provide examples of external data that show the initial impact of the pandemic and its lingering effects through the end of 2020. The lefthand figure shows Open Table dinner reservations, which is a good proxy for dining out activity. In 2020, it is just one demonstration of the dramatically reduced out-of-home commercial activity that affected so many venues where people often consume beverages - e.g., movie theatres, sports stadiums, etc.

## OpenTable U.S. Seated Diners

Y/Y \% change in diners at restaurants in the OpenTable network, 7-day moving average


The right-hand figure features data from the U.S. Census Bureau that shows the overall impact that reduced out-of-home commercial activity had on food and beverage expenditures by type of establishment. The purple line shows a dramatic reduction in expenditures at "Food Services and Drinking Places" (i.e., restaurants and bars) beginning in March 2020. Those expenditures recover somewhat but remain below their previous trend through the end of 2020. In contrast, the data for food and beverage expenditures at stores spike at the beginning of the pandemic and remained above their previous trend through the end of 2020. These patterns are reflected in the beverage volume and calorie data shown throughout the rest of this report.

## Food \& Beverage Expenditures by Type of Establishment

 \$US Billions

Source: OpenTable and the U.S. Census Bureau Advance Retail Sales: Food Services and Drinking Places, Millions of Dollars, Monthly, Seasonally Adjusted.

## Diverging Beverage Calorie Changes in Different Sales Channels in 2020

The shift in where consumers purchased their food and beverages in 2020 versus previous years is clearly apparent in comparisons of beverage volume data from Nielsen's Scantrack dataset and the Beverage Marketing Corporation's DrinkTell dataset. The former includes only packaged beverages sold through stores - primarily chain grocery convenience, drug, dollar, big box, and club stores. These channels have typically represented about $60 \%$ of total LRB volumes and calories. From 2014 through 2019, per person calories from beverages sold through these channels fell steadily, as shown in the figure below, and were roughly on pace to fall by $20 \%$ by 2025. In 2020, this trend ended abruptly with an increase of more than 6 calories per person per day. This makes sense, as consumers tended to consume more packaged beverages for at-home consumption in the pandemic.

## Change in Beverage Calories Per Person Per Day

The data from DrinkTell, on the other hand, cover beverages sold through all channels, including those that are and are not in the Nielsen Scantrack data. The "Non-Nielsen" market segments include restaurants, vending machines, entertainment venues, all other fountain beverages, and some other small channels. Calories per person from Non-Nielsen market segments grew in the first years of BCl implementation, offsetting calorie reductions in Nielsen-measured channels. In recent years, however, calorie reduction progress was seen in both Nielsen-measured and non-Nielsen channels. In 2020, calories from the non-Nielsen sources plummeted by 15.7 calories per person per day ( $21 \%$ ). This decline reflects both a continued shift toward lower-calorie beverage choices and a pandemic-induced shift away from out-of-home and toward inhome consumption. The net reduction in LRB calories per person per day from both Nielsen-measured and non-Nielsen channels was 9.6 in 2020.

Non-Nielsen Channels


## Key Conclusions

- Calories per person per day have fallen $10.0 \%$ since the launch of the BCl , halfway to the 2025 goal of a $20 \%$ decline.
- These calorie reductions have been driven primarily by CSDs, with $100 \%$ juices and juice drinks also making major contributions.
- The pace of per person LRB calorie reductions has grown every year since 2016 . The $5.0 \%$ or 9.6 calorie per person per day reduction achieved in 2020 was the largest single-year reduction since the launch of the BCl in 2014.
- Changes in the composition of LRB from 2014 to 2020 have driven consistent annual reductions in calories per 8-ounce serving.
- Reductions in calories per 8-ounce serving were initially driven primarily by water, as its share of LRB volumes grew by 9 percentage points from 2014 to 2020. Meanwhile, the shares of the categories responsible for the most calories - CSDs, juices, and juice drinks - shrank by a similar amount.
- Reductions in calories per 8-ounce serving have accelerated in recent years, despite the slowing of water's growth. This is because low- and nocalorie versions of all beverage types are increasingly gaining share from their full- and mid-calorie counterparts. This growth has enabled volumes per person to grow, even while calories per person from these categories decline.
- The COVID-19 pandemic drove sharp changes in where consumers purchased their beverages - from restaurants and other out-of-home venues to grocery and other stores. In contrast, changes in the mix of beverages consumed largely continued trends that began in 2017 or earlier.

COVID Impact: The pandemic and the associated lockdowns disrupted beverage supply and demand in 2020 . In addition to changing where consumers purchased beverages, beverage makers and distributors faced supply constraints that impacted their businesses. These constraints included labor and packaging material shortages, rapid swings in distribution needs, cancelled product launches, and a general need to devote resources to immediate challenges caused by the pandemic, sometimes at the expense of longer-term strategic priorities. The net impact of these disruptions on 2020 LRB calories per person is unclear. Future data may provide more of a basis for estimating the impact.

## Appendix A: Background

In September 2014, the American Beverage Association, The Coca-Cola Company, Dr Pepper Snapple Group (now Keurig Dr Pepper), PepsiCo, and the Alliance for a Healthier Generation announced a commitment to help reduce beverage calories in the American diet. Recognizing the contribution that excess calories play in obesity, the commitment signatories aim to reduce beverage calories consumed through a two-part initiative referred to as the 2025 Beverage Calories Initiative ("BCI"):

1. The National Initiative seeks to reduce liquid refreshment beverage ("LRB")* calories consumed per person nationally by $20 \%$ by 2025 (i.e., the national calorie goal).
2. The Communities Initiative seeks to achieve equivalent calorie reductions (i.e., the community calorie goal) in communities where reducing beverage calories is expected to be the most challenging.

BCl participants committed to independent, third-party monitoring of progress over time. In consultation with the Alliance for a Healthier Generation, the ABA held a competitive request-forproposal process and selected Keybridge to measure and monitor progress. Each year, progress toward the national and community calorie goals is reported publicly. This report features progress through 2020 toward the national calorie goal. Progress toward the community calorie goal will be featured in a forthcoming report.

Detailed information about many of the calorie reduction strategies being implemented by BCl Companies is available in previous progress reports and in downloadable summaries from each company, all of which are available at www.healthiergeneration.org/our-work/businesses/impact/beverage-calories-initiative.
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## Appendix B: Methodology Summary

The measurement approach is described in detail in earlier BCI reports and in the accompanying detailed methodology document. It is based on three features: (1) using sales volume data as a proxy for consumption; (2) using multiple data sources in order to corroborate findings; and (3) identifying the underlying drivers of changes in calories per person.

Consistent with previous reports, the main national calorie estimates shown are based on Beverage Marketing Corporation's DrinkTell database ("DrinkTell"). DrinkTell provides data for all beverages classified as LRB and sold through all channels. A second beverage volume data source, the Beverage Digest Fact Book, is used to corroborate volume trends among the beverage categories it fully covers, including carbonated soft drinks ("CSDs"), the largest category in terms of both volume and calories. Finally, the Nielsen Company's Scantrack dataset ("Scantrack") is used to examine calorie trends within the narrower set of sales channels covered by this dataset. Scantrack covers all packaged beverages sold in most major chain stores, which have accounted for about $60 \%$ of the LRB volumes captured by DrinkTell. The Scantrack dataset is also used to measure container size changes because it is the only dataset with detailed stock keeping unit ("SKU") level product information.

This report on 2020 progress shows per person calorie estimates for 2020, the sixth year of BCl implementation at the national level. It also features revised estimates for 2014 through 2019 and the 2025 goal. Updates to these estimates were due to revisions in the underlying brand-level sales volume estimates in DrinkTell and Scantrack.

The full methodology can be found at www.healthiergeneration.org/our-work/businesses/impact/beverage-calories-initiative.

## Appendix C: Data Tables

| Average Calories Per Person Per Day (Average Per Capita Daily Calories)' |  |  |  |  |  |  |  |  |  | Daily Volume Per Person, Ounces Per Person Per Day' |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Category | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2014-2020 Change | 2019-2020 Change | Category | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2014-2020 <br> Change | 2019-2020 <br> Change |
| Total |  |  |  |  |  |  |  |  |  | Total |  |  |  |  |  |  |  |  |  |
| CSD | 128.3 | 126.8 | 126.3 | 124.8 | 122.5 | 119.7 | 113.2 | -15.1 | -6.5 | CSD | 14.0 | 13.6 | 13.4 | 13.2 | 13.1 | 12.9 | 12.3 | -1.6 | -0.5 |
| Juice | 43.6 | 43.1 | 43.5 | 41.7 | 40.1 | 39.2 | 36.7 | -6.9 | -2.5 | Juice | 3.7 | 3.6 | 3.6 | 3.4 | 3.3 | 3.2 | 3.1 | -0.5 | -0.1 |
| RTD Tea | 11.5 | 11.8 | 12.1 | 12.2 | 11.9 | 11.6 | 11.4 | -0.1 | -0.2 | RTD Tea | 1.7 | 1.8 | 1.8 | 1.9 | 1.8 | 1.8 | 1.8 | 0.0 | 0.0 |
| RTD Coffee | 2.2 | 2.5 | 2.7 | 3.1 | 3.2 | 3.4 | 3.6 | 1.4 | 0.3 | RTD Coffee | 0.1 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.1 | 0.0 |
| Energy | 6.6 | 7.3 | 7.5 | 7.9 | 8.2 | 7.6 | 7.5 | 0.9 | -0.1 | Energy | 0.6 | 0.7 | 0.7 | 0.7 | 0.8 | 0.9 | 0.9 | 0.2 | 0.0 |
| Value Added Water | 0.8 | 0.8 | 0.8 | 0.9 | 0.9 | 0.8 | 0.6 | -0.2 | -0.2 | Value Added Water | 0.3 | 0.3 | 0.4 | 0.4 | 0.4 | 0.4 | 0.4 | 0.1 | 0.0 |
| Sports Drinks | 9.7 | 10.3 | 10.7 | 10.5 | 10.6 | 9.7 | 9.5 | -0.2 | -0.2 | Sports Drinks | 1.6 | 1.6 | 1.7 | 1.6 | 1.7 | 1.7 | 1.8 | 0.2 | 0.1 |
| Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Water | 12.2 | 13.0 | 14.0 | 14.8 | 15.5 | 16.1 | 16.6 | 4.5 | 0.6 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CSD | 127.8 | 126.4 | 125.9 | 124.4 | 122.2 | 119.4 | 112.9 | -14.9 | -6.5 | CSD | 10.1 | 10.0 | 9.9 | 9.8 | 9.7 | 9.5 | 9.0 | -1.1 | -0.5 |
| Juice | 38.8 | 38.4 | 39.1 | 37.6 | 35.9 | 35.1 | 32.4 | -6.4 | -2.7 | Juice | 2.9 | 2.8 | 2.8 | 2.7 | 2.6 | 2.6 | 2.4 | -0.5 | -0.2 |
| RTD Tea | 7.6 | 8.2 | 8.5 | 8.5 | 8.2 | 8.1 | 7.7 | 0.1 | -0.4 | RTD Tea | 0.7 | 0.8 | 0.8 | 0.8 | 0.8 | 0.8 | 0.8 | 0.0 | 0.0 |
| RTD Coffee | 2.2 | 2.5 | 2.7 | 3.0 | 3.2 | 3.3 | 3.5 | 1.3 | 0.2 | RTD Coffee | 0.1 | 0.1 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.1 | 0.0 |
| Energy | 6.4 | 7.1 | 7.4 | 7.8 | 8.0 | 7.4 | 7.3 | 0.9 | -0.1 | Energy | 0.5 | 0.5 | 0.6 | 0.6 | 0.6 | 0.6 | 0.5 | 0.1 | 0.0 |
| Value Added Water | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | -0.1 | 0.0 | Value Added Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Sports Drinks | 0.0 | 0.1 | 0.1 | 0.2 | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | Sports Drinks | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Subtotal | 182.9 | 182.7 | 183.7 | 181.5 | 178.0 | 173.4 | 163.9 | -19.0 | -9.5 | Subtotal | 14.3 | 14.3 | 14.3 | 14.2 | 13.9 | 13.6 | 12.9 | -1.4 | -0.7 |
| Mid-Calorie (41-66 Calories per 8 oz.) |  |  |  |  |  |  |  |  |  | Mid-Calorie (41-66 Calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | CSD | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Juice | 4.6 | 4.5 | 4.2 | 3.9 | 4.0 | 3.9 | 3.9 | -0.7 | 0.0 | Juice | 0.7 | 0.6 | 0.6 | 0.6 | 0.6 | 0.6 | 0.6 | -0.1 | 0.0 |
| RTD Tea | 3.7 | 3.2 | 3.2 | 3.2 | 3.2 | 3.0 | 3.0 | -0.7 | 0.0 | RTD Tea | 0.6 | 0.5 | 0.5 | 0.5 | 0.5 | 0.5 | 0.5 | -0.1 | 0.0 |
| RTD Coffee | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.1 | 0.0 | RTD Coffee | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Energy | 0.1 | 0.1 | 0.0 | 0.0 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 | Energy | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Value Added Water | 0.6 | 0.6 | 0.7 | 0.7 | 0.7 | 0.7 | 0.5 | -0.1 | -0.1 | Value Added Water | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 |
| Sports Drinks | 9.4 | 10.0 | 10.3 | 10.0 | 9.9 | 9.5 | 9.3 | -0.2 | -0.2 | Sports Drinks | 1.4 | 1.4 | 1.5 | 1.4 | 1.4 | 1.4 | 1.3 | 0.0 | 0.0 |
| Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Subtotal | 18.4 | 18.4 | 18.3 | 17.9 | 17.9 | 17.2 | 16.9 | -1.6 | -0.4 | Subtotal | 2.7 | 2.7 | 2.7 | 2.6 | 2.6 | 2.5 | 2.5 | -0.2 | -0.1 |
|  |  |  |  |  |  |  |  |  |  | Low-Calorie ( $5-40$ Calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 0.3 | 0.2 | 0.2 | 0.2 | 0.1 | 0.1 | 0.1 | -0.2 | 0.0 | CSD | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | -0.1 | 0.0 |
| Juice | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.3 | 0.1 | 0.2 | Juice | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.2 | 0.1 | 0.1 |
| RTD Tea | 0.2 | 0.3 | 0.4 | 0.5 | 0.5 | 0.4 | 0.7 | 0.5 | 0.2 | RTD Tea | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.2 | 0.1 | 0.1 |
| RTD Coffee | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | RTD Coffee | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Energy | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 | Energy | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 |
| Value Added Water | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | -0.1 | -0.1 | Value Added Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 |
| Sports Drinks | 0.3 | 0.3 | 0.3 | 0.2 | 0.3 | 0.2 | 0.2 | 0.0 | 0.0 | Sports Drinks | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 |
| Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Subtotal | 1.2 | 1.3 | 1.3 | 1.4 | 1.3 | 1.2 | 1.6 | 0.4 | 0.4 | Subtotal | 0.5 | 0.5 | 0.5 | 0.5 | 0.5 | 0.5 | 0.6 | 0.2 | 0.2 |
| No-Calorie (Less than 5 calories per 8 oz.) |  |  |  |  |  |  |  |  |  | No-Calorie (Less than 5 calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.0 | 0.0 | CSD | 3.8 | 3.6 | 3.4 | 3.3 | 3.3 | 3.3 | 3.3 | -0.4 | 0.0 |
| Juice | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Juice | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| RTD Tea | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | RTD Tea | 0.4 | 0.4 | 0.4 | 0.4 | 0.4 | 0.4 | 0.4 | 0.0 | 0.0 |
| RTD Coffee | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | RTD Coffee | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Energy | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Energy | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.2 | 0.2 | 0.1 | 0.0 |
| Value Added Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Value Added Water | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.3 | 0.1 | 0.0 |
| Sports Drinks | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Sports Drinks | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.2 | 0.4 | 0.3 | 0.1 |
| Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | Water | 12.2 | 13.1 | 14.0 | 14.8 | 15.5 | 16.1 | 16.7 | 4.6 | 0.7 |
| Subtotal | 0.3 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.0 | 0.0 | Subtotal | 16.7 | 17.4 | 18.2 | 18.9 | 19.7 | 20.5 | 21.3 | 4.6 | 0.8 |
| By Nielsen-Measured Channels and Non-Nielsen Channels |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Nielsen ${ }^{2}$ | 123.7 | 122.3 | 121.6 | 119.2 | 117.0 | 114.1 | 120.2 | -3.5 | 6.1 | Nielsen ${ }^{2}$ | 20.9 | 21.2 | 21.8 | 21.8 | 22.2 | 22.3 | 23.8 | 2.9 | 1.4 |
| ${ }_{\text {Non-Nielsen }}{ }^{\text {a }}$ Data from DrinkTell and Census Burea |  | 80.3 | 82.0 | 81.8 | 80.5 | 77.9 | 62.3 | -16.8 | -15.6 | ${ }_{\text {Nielsen Scantrack }}{ }^{\text {Non-Nielsen }}$ 3 | 13.3 | 13.7 | 13.8 | 14.3 | 14.6 | 14.8 | 13.5 | 0.1 | -1.3 |
|  |  | ${ }^{2}$ Data from Nielsen Scantrack and Census Bureau ${ }^{3}$ Represents the difference between Drinktell and |  |  |  |  |  |  |  |  | erages ar | eighted b | me. | 14.3 |  |  |  | 0.1 | -1.3 |

## Appendix C: Data Tables




## Full-Calorie (More than 67 Calories per 8 oz.)



## Subtotal $\quad 42 \%$



Subtotal
Low-Calorie ( $5-40$ Calories per 8 oz.)


No -Calorie (Less than 5 calories per 8 oz.)
 By Nielsen-Measured Channels and Non-Nielsen Channels

| Nielsen $^{2}$ | $61 \%$ | $61 \%$ | $61 \%$ | $61 \%$ |
| :--- | :--- | :--- | :--- | :--- |
| Non-Nielsen |  | $39 \%$ | $39 \%$ | $39 \%$ |
|  |  |  |  |  |

 CPD
Juice
RTD Tea
Energy
Value Added Water
Sports Drink
Water
Subtotal

|  |  |
| :--- | :--- |
| $\%$ | $0 \%$ |
| $2 \%$ | $2 \%$ |
| $1 \%$ | $1 \%$ |
| $0 \%$ | $0 \%$ |
| $0 \%$ | $0 \%$ |
| $0 \%$ | $0 \%$ |
| $4 \%$ | $4 \%$ |
| $0 \%$ | $0 \%$ |
| $7 \%$ | $7 \%$ |




#### Abstract

|  | $0 \%$ |
| :--- | :--- |
|  | $2 \%$ |
|  | $1 \%$ |
|  | $0 \%$ |
|  | $0 \%$ |
|  | $0 \%$ |
|  | $4 \%$ |
|  | $0 \%$ |


正

No-Calorie (Less than 5 calories per 8 OZ.)

RTD Tea
RTD Coffee
Energy
Water
By Nielsen-Measured Channels and Non-Nielsen Channels


Previous
Vex

## Appendix C: Data Tables

| Average Calories Per Eight-Ounce Serving' |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Category | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2014-2020 Change | 2019-2020 Change |
| Total |  |  |  |  |  |  |  |  |  |
| CSD | 73.5 | 74.4 | 75.4 | 75.7 | 75.0 | 74.5 | 73.5 | 0.0 | $-1.0$ |
| Juice | 95.6 | 96.1 | 97.7 | 97.7 | 97.3 | 97.3 | 94.0 | -1.6 | -3.3 |
| RTD Tea | 52.7 | 52.5 | 52.5 | 52.6 | 52.0 | 51.7 | 51.7 | -1.1 | -0.1 |
| RTD Coffee | 133.6 | 130.7 | 126.7 | 128.0 | 124.7 | 122.1 | 117.1 | -16.5 | -5.0 |
| Energy | 82.7 | 84.7 | 84.4 | 86.2 | 82.3 | 70.8 | 68.5 | -14.1 | -2.2 |
| Value Added Water | 21.3 | 20.2 | 18.9 | 18.4 | 17.0 | 16.4 | 13.4 | -7.9 | -3.0 |
| Sports Drinks | 50.0 | 50.4 | 50.9 | 51.1 | 50.7 | 45.8 | 42.6 | -7.3 | -3.2 |
| Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Total | 47.5 | 46.5 | 45.6 | 44.4 | 43.0 | 41.4 | 39.3 | -8.1 | -2.1 |
| Full-Calorie (More than 67 Calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 101.3 | 101.0 | 101.2 | 101.2 | 100.8 | 100.6 | 100.5 | -0.8 | -0.1 |
| Juice | 107.2 | 108.0 | 110.0 | 110.0 | 109.7 | 109.7 | 110.1 | 2.9 | 0.4 |
| RTD Tea | 82.7 | 82.7 | 82.4 | 82.2 | 81.9 | 81.4 | 81.4 | -1.3 | 0.0 |
| RTD Coffee | 136.5 | 137.5 | 133.0 | 136.8 | 136.7 | 136.1 | 136.5 | -0.1 | 0.4 |
| Energy | 107.2 | 107.5 | 107.0 | 107.3 | 107.4 | 107.0 | 107.0 | -0.2 | 0.0 |
| Value Added Water | 120.1 | 120.7 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | -20.1 | 0.0 |
| Sports Drinks | 95.0 | 95.0 | 95.0 | 95.0 | 95.0 | 95.0 | 95.0 | 0.0 | 0.0 |
| Water |  |  |  |  |  |  |  |  |  |
| Subtotal | 102.1 | 102.0 | 102.5 | 102.5 | 102.1 | 102.0 | 102.0 | 0.0 | 0.1 |
|  |  |  |  |  |  |  |  |  |  |
| CSD | 60.0 | 60.0 | 60.0 | 60.0 | 60.0 | 60.0 | 59.8 | -0.2 | -0.2 |
| Juice | 56.4 | 56.3 | 54.9 | 54.8 | 54.7 | 55.4 | 55.8 | -0.6 | 0.4 |
| RTD Tea | 52.0 | 50.5 | 50.7 | 51.2 | 51.3 | 51.1 | 51.0 | -1.0 | -0.1 |
| RTD Coffee | 53.1 | 53.0 | 50.8 | 48.3 | 48.1 | 47.2 | 48.5 | -4.6 | 1.3 |
| Energy | 60.0 | 60.8 | 64.4 | 63.4 | 52.7 | 57.3 | 57.1 | -3.0 | -0.2 |
| Value Added Water | 49.0 | 49.0 | 48.7 | 48.7 | 48.6 | 48.5 | 48.6 | -0.5 | 0.0 |
| Sports Drinks | 55.0 | 55.1 | 55.1 | 55.2 | 55.4 | 55.3 | 55.3 | 0.3 | 0.1 |
| Water |  |  |  |  |  |  |  |  |  |
| Subtotal | 54.5 | 54.3 | 54.0 | 54.1 | 54.2 | 54.2 | 54.3 | -0.2 | 0.1 |
| Low-Calorie ( $5-40$ Calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 24.6 | 26.3 | 30.7 | 33.2 | 34.8 | 35.5 | 36.6 | 12.0 | 1.1 |
| Juice | 17.8 | 17.9 | 18.0 | 17.9 | 18.7 | 17.0 | 15.5 | -2.4 | -1.6 |
| RTD Tea | 29.1 | 32.7 | 33.8 | 34.9 | 34.7 | 35.4 | 35.8 | 6.7 | 0.4 |
| RTD Coffee | 27.5 | 30.3 | 20.3 | 15.8 | 15.4 | 13.8 | 13.3 | -14.2 | -0.5 |
| Energy | 11.1 | 11.2 | 10.9 | 10.8 | 10.5 | 8.4 | 8.1 | -3.0 | -0.3 |
| Value Added Water | 35.7 | 31.7 | 25.8 | 22.9 | 21.6 | 21.4 | 15.4 | -20.3 | -6.1 |
| Sports Drinks | 19.7 | 20.7 | 20.7 | 20.9 | 20.9 | 20.7 | 20.5 | 0.8 | -0.2 |
| Water |  |  |  |  |  |  |  |  |  |
| Subtotal | 21.1 | 22.5 | 22.6 | 23.2 | 22.9 | 21.3 | 20.3 | -0.9 | -1.0 |
| No-Calorie (Less than 5 calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 0.4 | 0.4 | 0.5 | 0.4 | 0.4 | 0.4 | 0.4 | 0.0 | 0.0 |
| Juice | 3.5 | 3.1 | 3.0 | 3.0 | 3.0 | 1.0 | 1.8 | -1.8 | 0.7 |
| RTD Tea | 0.4 | 0.4 | 0.4 | 0.3 | 0.3 | 0.3 | 0.3 | -0.1 | 0.0 |
| RTD Coffee | 1.7 | 0.2 | 0.1 | 0.2 | 0.2 | 0.2 | -0.1 | -1.8 | -0.3 |
| Energy | 0.0 | 0.2 | 0.2 | 0.2 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 |
| Value Added Water | 0.9 | 0.4 | 0.6 | 0.6 | 0.5 | 0.5 | 0.5 | -0.4 | 0.0 |
| Sports Drinks | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Water | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Subtotal | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 |
| By Nielsen-Measured Channels and Non-Nielsen Channels |  |  |  |  |  |  |  |  |  |
| Nielsen ${ }^{2}$ | 47.5 | 46.2 | 44.5 | 43.6 | 42.2 | 40.9 | 40.5 | -7.0 | -0.4 |
| Non-Nielsen ${ }^{3}$ | 47.5 | 46.8 | 47.4 | 45.6 | 44.2 | 42.2 | 37.3 | -10.1 | -4.9 |


| Average Oz. Per Container (Containers $\leq$ IL Only) by Beverage Category ${ }^{2}$ |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Category | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2014-2020 Change | 2019-2020 Change |
| Total |  |  |  |  |  |  |  |  |  |
| CSD | 13.5 | 13.6 | 13.7 | 13.7 | 13.7 | 13.7 | 13.6 | 0.1 | -0.1 |
| Juice | 9.4 | 9.6 | 9.7 | 9.8 | 9.7 | 9.7 | 9.7 | 0.3 | 0.0 |
| RTD Tea | 18.5 | 18.4 | 18.3 | 18.4 | 18.4 | 18.2 | 18.0 | -0.5 | -0.2 |
| RTD Coffee | 12.6 | 12.6 | 12.7 | 12.6 | 12.6 | 12.7 | 12.7 | 0.1 | 0.0 |
| Energy | 14.2 | 14.5 | 14.5 | 14.6 | 14.6 | 14.5 | 14.3 | 0.0 | -0.2 |
| Value Added Water | 16.2 | 16.1 | 16.6 | 16.7 | 16.8 | 16.8 | 16.8 | 0.5 | -0.1 |
| Sports Drinks | 23.1 | 22.7 | 22.4 | 22.0 | 21.8 | 21.6 | 20.7 | -2.5 | $-1.0$ |
| Water | 17.1 | 17.0 | 16.9 | 16.8 | 16.8 | 16.7 | 16.7 | -0.4 | 0.0 |
| Total | 15.1 | 15.2 | 15.3 | 15.3 | 15.3 | 15.3 | 15.2 | 0.1 | -0.1 |
| Full-Calorie (More than 67 Calories per 80 o.) |  |  |  |  |  |  |  |  |  |
| CSD | 13.4 | 13.4 | 13.5 | 13.5 | 13.5 | 13.5 | 13.4 | 0.0 | -0.1 |
| Juice | 10.4 | 10.8 | 11.0 | 11.4 | 11.4 | 11.4 | 11.5 | 1.0 | 0.0 |
| RTD Tea | 19.1 | 18.9 | 18.8 | 18.6 | 18.5 | 18.3 | 18.0 | -1.1 | -0.2 |
| RTD Coffee | 12.6 | 12.6 | 12.7 | 12.6 | 12.6 | 12.7 | 12.7 | 0.1 | 0.0 |
| Energy | 14.0 | 14.2 | 14.3 | 14.3 | 14.3 | 14.0 | 13.8 | -0.2 | -0.2 |
| Value Added Water | 19.8 | 19.7 | 17.6 | 17.8 | 19.0 | 19.7 | 20.1 | 0.3 | 0.4 |
| Sports Drinks | 14.6 | 15.3 | 15.8 | 17.6 | 18.7 | 19.0 | 18.7 | 4.1 | -0.3 |
| Water |  |  |  |  |  |  |  |  |  |
| Subtotal | 13.2 | 13.3 | 13.4 | 13.5 | 13.5 | 13.4 | 13.4 | 0.2 | -0.1 |
| Mid-Calorie (41-66 Calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD |  |  |  |  |  |  |  |  |  |
| Juice | 8.8 | 9.1 | 9.5 | 8.8 | 8.5 | 8.5 | 8.3 | -0.5 | -0.1 |
| RTD Tea | 18.3 | 18.1 | 17.9 | 18.4 | 18.6 | 18.5 | 18.3 | 0.0 | -0.2 |
| RTD Coffee | 14.6 | 13.9 | 12.8 | 9.6 | 10.8 | 11.8 | 11.0 | -3.5 | -0.7 |
| Energy | 14.9 | 15.4 | 15.1 | 15.7 | 19.3 | 22.1 | 23.3 | 8.4 | 1.2 |
| Value Added Water | 20.3 | 20.3 | 20.0 | 19.9 | 19.8 | 19.5 | 19.3 | -0.9 | -0.2 |
| Sports Drinks | 23.2 | 22.7 | 22.4 | 22.2 | 21.9 | 21.8 | 20.9 | -2.3 | -0.9 |
| Water |  |  |  |  |  |  |  |  |  |
| Subtotal | 18.8 | 18.9 | 19.0 | 18.6 | 18.3 | 18.0 | 17.4 | -1.4 | -0.7 |
| Low-Calorie ( 5 -40 Calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 13.5 | 13.0 | 13.2 | 13.2 | 13.2 | 13.1 | 13.0 | -0.4 | -0.1 |
| Juice | 7.0 | 6.9 | 6.8 | 6.8 | 6.8 | 6.7 | 6.8 | -0.2 | 0.0 |
| RTD Tea | 21.2 | 21.5 | 22.4 | 22.0 | 20.6 | 20.0 | 19.4 | -1.7 | -0.5 |
| RTD Coffee | 11.2 | 11.9 | 12.2 | 11.0 | 10.9 | 10.9 | 11.4 | 0.3 | 0.5 |
| Energy | 13.3 | 13.5 | 13.3 | 13.3 | 13.1 | 12.8 | 13.0 | -0.2 | 0.3 |
| Value Added Water | 7.3 | 7.6 | 8.7 | 9.6 | 10.2 | 10.5 | 10.5 | 3.3 | 0.0 |
| Sports Drinks | 20.5 | 20.1 | 19.6 | 18.2 | 18.0 | 18.5 | 18.3 | -2.2 | -0.2 |
| Water |  |  |  |  |  |  |  |  |  |
| Subtotal | 10.6 | 10.4 | 10.4 | 10.3 | 10.3 | 10.0 | 9.9 | -0.7 | 0.0 |
| No-Calorie (Less than 5 calories per 8 oz.) |  |  |  |  |  |  |  |  |  |
| CSD | 14.0 | 14.1 | 14.2 | 14.2 | 14.2 | 14.2 | 14.1 | 0.2 | 0.0 |
| Juice | 12.7 | 11.5 | 11.3 | 11.3 | 11.3 | 11.4 | 13.1 | 0.4 | 1.7 |
| RTD Tea | 17.3 | 17.4 | 17.4 | 17.4 | 17.4 | 17.3 | 17.2 | -0.1 | -0.1 |
| RTD Coffee | 7.4 | 11.8 | 11.8 | 12.5 | 12.9 | 13.8 | 12.7 | 5.3 | -1.1 |
| Energy | 15.9 | 15.9 | 16.2 | 16.0 | 16.2 | 16.2 | 16.1 | 0.1 | -0.1 |
| Value Added Water | 18.7 | 17.7 | 17.9 | 17.8 | 17.9 | 18.0 | 17.8 | -0.9 | -0.2 |
| Sports Drinks | 28.2 | 27.7 | 27.4 | 27.5 | 27.0 | 23.4 | 21.2 | -7.0 | -2.2 |
| Water | 17.1 | 17.0 | 16.9 | 16.8 | 16.8 | 16.7 | 16.7 | -0.4 | 0.0 |
| Subtotal | 16.3 | 16.4 | 16.4 | 16.4 | 16.4 | 16.4 | 16.3 | 0.0 | 0.0 |
| By Nielsen-Measured Channels and Non-Nielsen Channels |  |  |  |  |  |  |  |  |  |
| Nielsen ${ }^{2}$ Non-Nielsen ${ }^{3}$ | DrinkTell does not report container size information, thus all container size information reported above is reflective of beverages sold in Nielsen-measured channels. |  |  |  |  |  |  |  |  |


[^0]:    Source: Beverage Marketing Corporation: DrinkTell Database, 2020.

[^1]:    * "Other" includes RTD Coffee, Value-Added Water, and Energy Drinks

[^2]:    Source: Beverage Marketing Corporation: DrinkTell Database, 2020.

[^3]:    Source: U.S. Census Bureau, 2020, and the Beverage Marketing Corporation: DrinkTell Database, 2020.

[^4]:    *Liquid refreshment beverages ("LRB") refers to most beverages available for purchase through retail stores, fountain, vending machines, and restaurants, and covers nearly all beverages manufactured by the BCl Companies at the time the commitment was made. LRB includes carbonated soft drinks ("CSDs"), juices and juice drinks, ready-to-drink ("RTD") teas and coffees, sports drinks, energy drinks, water and value-added water. LRB excludes alcoholic beverages, dairy products, brewed beverages, drink mixes, energy shots, lemon and lime juice, coconut milk, concentrates, flavor drops, and tap water.

