**EMBARGOED UNTIL DAY OF WEEK, MONTH DAY AT 8AM EST**

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*Secondary*

Name of School or District Contact

Title

Name of School or District

Phone Number

Email Address

# **SCHOOL NAME OR NUMBER of SCHOOLS in DISTRICT NAME Recognized as America’s Healthiest Schools for Dedication to Student, Staff, and Family Health**

*School(s) nationally recognized for implementing best practices in up to nine health categories*

**(CITY, STATE), MONTH XX****, 2023** – NAME OF SCHOOL or NUMBER of SCHOOLS across DISTRICT OR CITY is/are among the **781** schools nationwide to be named as [America’s Healthiest Schools](http://healthiergeneration.org/healthiestschools) for the 2022-2023 school year. The recognition, awarded by [Alliance for a Healthier Generation](http://www.healthiergeneration.org/) (Healthier Generation), a leading children’s health organization, honors schools’ dedication to supporting the health and well-being of students, staff, and families.

This year, NAME OF SCHOOL(S) OF DISTRICT NAME were recognized in NUMBER topics, including:

* TOPIC 1
* TOPIC 2
* TOPIC 3

SCHOOL NAME(S) prioritized healthy policies and practices amid numerous challenges facing schools today -- learning loss and declining youth mental health due to traumatic events, such as school shootings, vaping and nicotine addiction, curriculum changes, and school meal insecurity. They have continued to sustain and promote good health by:

* EXAMPLE 1
* EXAMPLE 2
* EXAMPLE 3

*[INSERT ADMINISTRATOR QUOTE IF DESIRED. EXAMPLE: “We’re honored to receive this national recognition for our dedication to supporting the well-being of students and staff and remain steadfast in our commitment to fostering environments where all members of the school community can learn and thrive.”]*

“This year, Healthier Generation continues to meet districts, schools, and educators where they are, recognizing it takes a considerable degree of effort to serve as a model of best practice in whole child health for students, teachers, staff, and community,” said Kathy Higgins, chief executive officer at Healthier Generation. “We commend America’s Healthiest Schools for demonstrating resilience and adaptability amid challenging times for our nation’s schools.”

America’s Healthiest Schools remains one of the country’s longest-running, nationwide recognition programs honoring schools for achievements in supporting whole child health equity for students, teachers, and staff. Any school can connect with Healthier Generation to access trainings, resources, and technical assistance by visiting [HealthierGeneration.org](http://www.healthiergeneration.org).

Visit [HealthierGeneration.org/HealthiestSchools](http://healthiergeneration.org/HealthiestSchools) to view all 781 America’s Healthiest Schools for the 2022-2023 school year.

**###**

**About Name of School and/or District**

Add information about your school and/or district here. Your school or district may have a ‘Mission and Vision’ statement on your district’s website. If accessible, consult your district’s communications expert/staff member about what to add here.

**About Alliance for a Healthier Generation**

Alliance for a Healthier Generation is a leading children's health organization that advances equitable whole child health. Driven by our passion to ensure that every mind, every body, and every young person is healthy and ready to succeed, our work has reached over 31 million young people across the country. To learn more and help make a difference, visit [HealthierGeneration.org](http://www.healthiergeneration.org/) and join us on [Facebook](https://www.facebook.com/HealthierGeneration), [Twitter](https://twitter.com/HealthierGen), and [Instagram](https://www.instagram.com/healthiergeneration/).